



INTEGRATION JOINT BOARD

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Date of Meeting	1 December 2020
Report Title	Mental Health Delivery Plan (Annual Report)
Report Number	HSCP20.069
Lead Officer	Sandra MacLeod, Chief Officer
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Consultation Checklist Completed	Yes
Directions Required	No
Appendices	Appendix 1 – Mental Health Delivery Plan on a Page. Appendix 2 – Mental Health Delivery Plan – Action Plan Appendix 3 – Action 15 Funding commitments.

1. Purpose of the Report

This report provides the Integrated Joint Board (IJB) with an annual report of the work of Community Mental Health Services and seeks to highlight progress on the implementation of the Aberdeen City Mental Health Delivery Plan 2020-2023.

2. Recommendations

2.1. It is recommended that the Integration Joint Board (IJB):



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- a) Note the progress against the Implementation of the Mental Health Delivery Plan Actions set out in Appendix 2.
- b) Note the Action 15 spend and new service commitments as set out in Appendix 3.

3. Summary of Key Information

- 3.1 The Aberdeen City Community Mental Health Delivery Plan 2020 – 2023 was approved by the Integrated Joint Board in March 2020 and implementation was planned from April 2020 onwards. (See Appendix 1 – Delivery plan on a Page)
- 3.2 Following publication of the plan in March 2020, the service entered a phase of business continuity and recovery planning as part of COVID-19. Despite this, the service has made much more progress on the Mental Health Delivery Plan actions than we could have imagined, with COVID-19 response, escalating the need to progress some actions at pace.
- 3.2 Within the Aberdeen City Health & Social Care Partnership we are seeing an increase in referrals to Community Mental Health Services and are expecting to see a further increase with people that are struggling with their mental health as a result of COVID-19. The impact of COVID-19 is affecting the population in different ways, but particularly social isolation, job and financial losses and housing insecurities having a considerable impact on people's mental health & wellbeing. With the anticipated continuation of COVID-19 restrictions, particularly during the winter, it is inevitable that we will see a further deterioration of mental health and wellbeing within the population of Aberdeen City, and particularly in areas of deprivation. Similar patterns of referrals and requests for support are being experienced by the Primary Care Psychological Therapists and Link Practitioner Services, third sector providers and partners, the NHS Grampian Psychological Resilience Hub and Aberdeen City Council COVID19 Assistant Hub (both set up as part of the COVID response),
- 3.3 The Mental Health Delivery Plan was co-produced in consultation with staff, the public, service users and carers as well as third sector organisations. This plan



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was brought together in conjunction with the Multi-agency Mental Health Partnership Group which has representation from Community Mental Health & Social Care Services, Aberdeen City Health & Social Care Partnership (ACHSCP) Leadership Team, Public Health, Child & Family Services, Police Scotland, Aberdeen Council of Voluntary Organisations (ACVO), Suicide Prevention, Penumbra, Housing and General Practice. The group meet bi-monthly to work together on linking the delivery of mental health and wellbeing services and to monitor progress on the Mental Health Delivery Plan (See Appendix 2). This group also ensure there are linkages and a clear pathway across all tiers of service provision to maximise capacity to address the increasing needs.

- 3.4 The actions outlined within the plan are still very relevant during and post pandemic, with a clear focus on supporting Tiers 1 and 2 with prevention, self-management and self-help. The plan delivers support in the form of First Contact Mental Health & Wellbeing Practitioners and Peer Support which aims to:
- Be the first point of contact for community based mental health support 7 days per week
 - Reduce delays in accessing appropriate tiered support for mental health and wellbeing
 - Help people navigate services within their communities
 - Build on knowledge, skills and capacity within public and third sector organisations
 - Develop localised peer support with people who have lived experience
 - Non-medicalised model with direct access to low tiered support based within local communities and in particular focussing on areas of deprivation.
 - Explore the needs of people who do not currently use our service with an element of reaching out within communities.
- 3.5 The delivery plan also aims to enhance digital service provision via telephone and NHS Near me as well as encourage the use of digital APPS and tools to support self-management, self-help and support the mental health and wellbeing of the population of Aberdeen City.



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- 3.6 We will continue to monitor and identify emerging needs, as we work with our partners in localities and communities to ensure that all levels of service are available to respond accordingly.

4. Implications for IJB

4.1 Equalities

A full Equality and Human Rights Impact Assessment has been completed (2020) which the impact to be positive.

4.2 Fairer Scotland Duty

The Community Mental Health Delivery Plan is aligned with other strategic documents and their vision, such as the ACHSCP Strategic Plan and the Community Planning Aberdeen Local Outcome Improvement Plan, to improve outcomes for people with poor mental health and wellbeing. Additionally, the Delivery Plan is the community response to the Strategic Framework for Grampian wide Mental Health Services (which sit within and are managed by Aberdeen City Health and Social Care Partnership). The specific actions identified in the delivery plan seek to reduce inequalities and strengthen meaningful involvement of people in this process by co-producing solutions and measuring success.

4.3 Financial

There are no direct financial implications arising from the recommendations of this report.

However, note that on the 28th October, 2020, the IJB agreed investment from Action 15 monies for the development of nine additional mental health workers investing £1.4m over 4 years to pilot a First Contact Mental Health & Wellbeing Practitioner and Peer Support service within each of the three Aberdeen City Localities. This project was developed as per the following actions outlined within our Community Mental Health Delivery Plan

- Action 1 - “To explore the creation of community mental health & wellbeing workers”



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- Action 14 – “Embed a human rights approach within mental health supports and services, advancing peer support and voice of people with lived experience”

These additional posts will enhance Community Mental Health Services alongside all other commitments to Action 15 funding as set out in Appendix 3.

4.4 Workforce

There are no direct workforce implications arising from the recommendations of this report.

However, as above, investment via action 15 will result in an additional 9 mental health community workers.

4.5 Legal

There are no direct legal implications arising from the recommendations of this report.

4.6 Covid-19

Positive impact on Operation Home First; aim to reduce harm to vulnerable groups impacted as a result of COVID19.

5. Links to ACHSCP Strategic Plan

The recommendations in this report complement the strategic priorities outlined in the Partnership’s Strategic Plan primarily by supporting the development of person-centred approaches to care and support and by enabling supported individuals to strengthen their connection and contribution to their local community.



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6. Management of Risk

6.1 Identified risks(s)

Failure to implement the Delivery Plan. This risk is minimal due to the ongoing engagement with partners. Failure to implement the Delivery Plan could lead to reputational damage, to mitigate this the Mental Health Partnership Group will oversee the implementation and provides reports to relevant operational and governance structures.



6.2 Link to risks on strategic or operational risk register:

(8) There is a risk of reputational damage to the IJB and its partner organisation resulting from complexity of function, delegation and delivery of services across health & social care.

6.3 How might the content of this report impact or mitigate these risks:

The content of this report seeks to mitigate the known risks by recommending a decision which supports the reputation of the IJB & Partnership, the implementation of the Community Mental Health Delivery Plan promotes person centred approaches to care and support and the strengthening of community connections.

The risk is Low.

Approvals	
	Sandra Macleod (Chief Officer)
	Alex Stephen (Chief Finance Officer)



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Appendix 3

ACTION 15 - An aim of the Scottish Government Mental Health Strategy 2017-2027 is to ensure access to treatment is joined up and accessible and builds on the principle of “ask once, get help fast”. Action 15 aspires to increase access to dedicated mental health professionals in all A&E departments, GP practices, custody suites, and to our prisons by increasing the workforce to provide dedicated mental health support. Scottish Government have also encouraged Health & Social Care Partnerships to adopt a flexible approach to allow for these services to address the increasing and emerging COVID related mental health and wellbeing population needs.

Committed Funding	WTE	2020/21 £k	2021/22 £k	2022/23 £k	2023/24 £k
Primary Care Psychological Therapy Service	12.17	544	600	604	608
Beating the Blues	1.0	31	32	33	34
Community Listening Service (Currently 0.5wte increasing to 1.0wte in 2021/22)	1.0	31	55	57	59
Psychological Wellbeing Practitioners (Currently progressing through Commissioning process)	4.0	84	170	174	177
Mental Health & Wellbeing Practitioners & Peer Support Project (Currently progressing through Commissioning process)	9.0	60	361	367	375
Aberdeen City Contribution to HMP Grampian Prison Service Proposal (with IJB for consideration)	1.0	48	49	50	51
TOTAL	28.17	£798k	£1.26m	£1.28m	£1.31m