

SERVICE UPDATE

<u>Name of Function:</u>	Families and Communities
<u>Date:</u>	25.10.24
<u>Title of Update:</u>	Healthy Weight
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UPDATE:

On 30th August 2024 a Healthy Weight Aberdeen launch event took place at the Town House, with the purpose of raising awareness on the Whole Systems Approach (WSA) to Obesity. The event was attended by 110 people from a range of public and third sector partners including 43 personnel representing the local authority.

The aims and objectives of the launch event were to:

- Introduce and increase understanding on the WSA and start developing a shared vision to a WSA to obesity;
- Establish senior level and stakeholder support;
- To understand the local picture including prevalence and the local impact; and
- To understand the local assets, local drivers and facilitators to the whole system approach.

Attendees were committed to supporting a whole system approach and provided positive feedback, with an average rating of 8.7/10.

Public Health colleagues have summarised the output of the event and established a number of clear next steps that are now being progressed.