



## **Aberdeen City Health and Social Care Partnership**

### **Carers Strategy 2023-2026 - Action and Implementation Plan**

#### **Carers Strategy Implementation Group**

The ACHSCP Carers Strategy was approved at IJB on Tuesday 31st January 2023, soon after the Carers Strategy Implementation Group was established. There has been a wide range of attendees to this group, giving a collaborative effort to implement the Carers Strategy as wide as possible. We recognise that these groups take a bit of time to embed, and expand, ongoing development and consultation to include new voices around the table are helping the group expand with every meeting. It is important part of the groups reach and information gets out to multiple groups and sectors across Aberdeen. The Action Plan was developed from the strategic plan over a number of sessions with the group. We have a number of projects and action plan lines to focus our efforts over the 3 year plan. However this is continuously reviewed with the group members representation as below.

<ul style="list-style-type: none"><li>• IJB Carer Reps</li><li>• Barnardos</li><li>• Quarriers</li><li>• Sport Aberdeen</li><li>• Adult Social Care</li><li>• Physiotherapy</li><li>• Childrens Social Work</li></ul>	<ul style="list-style-type: none"><li>• Stay Well Stay Connected</li><li>• Learning Disabilities</li><li>• Podiatry</li><li>• Strategy and Transformation</li><li>• Nursing</li><li>• ACVO</li><li>• Archway</li></ul>	<ul style="list-style-type: none"><li>• Bon Accord Care</li><li>• Education</li><li>• We Too</li><li>• MCR Pathways</li><li>• CLAN</li><li>• PAMIS</li><li>• Archway</li></ul>
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**Action Plan**

**Action Plan Key**

<b>Not Started</b>		
<b>In Progress/ On Track</b>		
<b>Delayed</b>		
<b>Completed</b>		
<b>Continuous Review/ BAU</b>		

**Improvement Project Alignment**

<b>Project Name/ Organisation</b>	<b>Priority &amp; Action Alignment</b>	<b>Intended Aim</b>	<b>Proposal and Outcomes to date.</b>
<b>Barnardos ELM Music Therapy</b>	1.1.4 1.3.1 4.1.2	To deliver ongoing therapeutic music support groups for Young Carers across Aberdeen City, regardless of their registration status with Barnardo's, to enhance their emotional wellbeing, reduce impact of caring, and reduce isolation.	Delivered a full October holidays programme. The ELM Music Therapy respite programme is designed to help Young Carers in Aberdeen City live a fulfilling life alongside their caring responsibilities. By offering creative, therapeutic sessions within schools and community settings, the programme provides vital short breaks that reduce stress, support emotional wellbeing, and help Young Carers sustain their caring roles in the long term.
<b>Barnardos Stay and Play</b>	1.3.1	To develop and deliver inclusive Stay and Play sessions for Young Carers and their families across Aberdeen City, regardless of their registration status with Barnardo's. These sessions will improve the emotional wellbeing of Young Carers, reduce the impact of their caring responsibilities, and alleviate	The Stay and Play sessions will expand respite and support opportunities for Young Carers and their Families in Aberdeen City. These sessions will be inclusive, accessible to all families regardless of registration status with Barnardo's, and co-designed with Young Carers to reflect their voices, needs, interests, and hobbies.



		isolation by providing a safe, supportive, and engaging environment.	
<b>PAMIS PMLD Family Sessions</b>	4.1.2 1.1.5	Reduce isolation of some of the most marginalised carers in our communities, those caring for someone with a profound learning and multiple disabilities (PMLD) through hosting events and workshops that bring carers together to create sustainable relationships within their communities.	Following significant consultation with Family Carers we identified their priorities as well as their willingness to contribute to supporting the community to create more inclusive, purposeful and meaningful activities that would ultimately contribute to their sense of belonging in their community and increase their wellbeing.
<b>We Too Ninjas – Taking the next step: Carers Development &amp; Ninja-led skills building</b>	1.3.1 4.1.2	Aims to enhance the confidence, skills, and resilience of carers in Aberdeen by developing our Ninjas (experienced carers) as leaders and trainers. Through peer-to-peer support, further developing our YouTube channel, and a digital magazine requested by professionals, we will create accessible resources that help carers identify their role, access advice, and feel connected to a supportive community. At the same time, we will strengthen We Too's sustainability by building organisational capacity and fostering partnerships, ensuring long-term impact beyond this funding period. Informal signposting and information is also provided.	This project will take We Too! and the Ninjas to the next stage of development, building on the strong foundation created in Year 1 and responding to clear demand from both carers and professionals. Our aim is to strengthen the skills of carers, widen access to information, and embed sustainable, carer-led resources within Aberdeen City.
<b>Sport Aberdeen Young Carers SPACE Programme</b>	1.3.1 4.1.2	To use sport, physical activity and play to improve life outcomes and regular opportunities for young carers across Aberdeen City.	13 Young carers been supported 1-2-1 bespoke sports and physical Activities. 5 further Young Carers supported 1-2-1 throughout school holidays. 10 bikes allocated to Young Carers through partnership working. Case studies and outcome based measures for Young Carers achieved, with high attendance rate and over



			90hours of 1-2-1 support given to Young Carers. Some of these session particularly throughout the school holidays was the only time the Young Carers was able to spend time with people their own age.
<b>Quarriers Wee Blether Expansion</b>	1.1.5 1.3.1 4.1.2 4.3.5	We are looking at four areas of support we can provide to unpaid adult carers to support them in their role. <ol style="list-style-type: none"> <li>1. Equality and Empowerment</li> <li>2. Confidence to learn, to grow to thrive</li> <li>3. First Aid Wrap Around Support - Practical and emotional support</li> <li>4. Social Inclusion and Wellbeing</li> </ol>	<p>We will run a block of four cooking session four times a year over a twelve-month period, which unpaid carers will benefit from. Each session will host up to 10 carers and will respond to the needs of carers based on their feedback from a current project. Activities will be run by a qualified tutor, delivering menu planning in collaboration with carers who attend.</p> <p>In collaboration with sport Aberdeen, we will provide six months gym or golf membership for carers, this project has currently been run with great success and from feedback from carers this has been a much-valued incentive and oversubscribed. This enables us to support more carers, improving health and wellbeing, sustaining resilience and providing short breaks for carers.</p>
<b>MCR Pathways</b>	1.3.1	<p>This project aims to pilot a targeted, community-based mentoring initiative for young carers aged 12 to 20 in Aberdeen, designed to address social isolation, strengthen emotional wellbeing, and support confident transitions into education, training, and employment.</p> <p>By offering trusted, consistent mentoring relationships, the project will ensure more young carers are identified early (Priority 1), feel emotionally supported and resilient in their caring role (Priority 2), and are</p>	<p>This project will pilot an adapted version of our award-winning mentoring model to support 55 young carers aged 12–20 in Aberdeen—particularly those disengaged from formal education or traditional services. By extending our reach into community settings and schools where we currently have no presence, the initiative will connect more young carers with consistent, relationship-based support tailored to their individual needs. Building on our successful practice in schools, this pilot really lets us test how we better meet the needs of young carers. We’re testing how we serve those not attending school. We want to</p>



		<p>empowered to plan for their futures and achieve personal goals (Priority 3). Through one-to-one and group-based mentoring, young carers will develop a stronger sense of connection and belonging within their communities (Priority 4), enabling them to lead fulfilling lives alongside caring—confident in their potential and equipped to thrive.</p>	<p>learn how relationships with a mentor can make a difference to them in early adulthood and close critical gaps: ensuring young carers do not face pivotal life transitions unsupported as they move from children's to adult services. Central to this work is our commitment to ensuring that every young carer can genuinely say: <i>"I have a sense of belonging and a life alongside caring."</i></p>
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<b>Not Started</b>		
<b>In Progress/ On Track</b>		
<b>Delayed</b>		
<b>Completed</b>		
<b>Continuous Review/ BAU</b>		

**ACTION PLAN KEY**

**PRIORITY 1 - Identifying as a Carer and the first steps to support**

<b>Proactively create opportunities for more people across Aberdeen City to identify as a Carer</b>						
<b>What will we do?</b>	<b>When will we have done it by?</b>	<b>Action Status (Plan Key)</b>	<b>How will we know it is working? Performance / Measuring impacts</b>	<b>Who will be responsible?</b>	<b>Project Notes</b>	<b>Reviewed Deadline</b>
1.1.2 Work with commissioned and internal services and carers themselves to review the information available particularly in relation to accessibility.	Ongoing	Continue into CS Priority 2 Review of Services and Resources	All Carers information held online and given out is in accessible formats	<ul style="list-style-type: none"> <li>Adult Carers Support Service</li> <li>Young Carer Support Service</li> <li>Social Work Carer Rep</li> <li>Senior Project Manager (Strategy)</li> </ul>	Limited amount of influence, however continued open channels to share good practice and information. <b>Link with Action 1.1.4 and Refreshed Adult Carers LOIP Project.</b>	
1.1.4 'Review information' and channels to reach carers, identify the touch points within the current systems, process and Tests of Change programmes etc which come across carers in their daily activity' Linked to 1.1.2	Ongoing	Completed	Increased numbers of adult and young carers identified.	<ul style="list-style-type: none"> <li>ACVO</li> </ul>	Extensive mapping undertaken, within Collaborative Commissioning, Improvement Project processes and Programme review for Carers Strategy refresh, this action	



					<p>has supported the development of the Carers Strategy outputs each year.</p>	
<p>1.1.5 Understand the support needs of all Carers in Aberdeen and specifically those with protected characteristics (Equality Act (2010)), including particular focus on;</p> <ul style="list-style-type: none"> <li>• Develop approaches to engaging with minority ethnic Carers</li> <li>• Develop approaches to engaging with LGBTQ+ Carers</li> <li>• Religious and Faith groups</li> <li>• Carers with Disabilities</li> </ul>	<p>June 2024</p>	<p>Continue into CS Priority 1</p>	<p>Increased number of Carers from Minority Ethnic and LGBTQ+ communities accessing support. Increased knowledge of support needed by these communities</p>	<ul style="list-style-type: none"> <li>• Equalities and Human Rights Sub-group</li> <li>• Senior Project Manager (Strategy)</li> <li>• Development Officer (Consultation and Engagement)</li> </ul>	<p>Progressing through the information collated through the Carers survey and national census information.</p> <p>Learnings from Improvement Project – Expansion of Wee Blethers, that are specifically targeting other communities.</p> <p>Although we are collating information of numbers of Carers with Protected characteristics, we recognise some additional work and effort to reach out to communities. ACHSCP are due to refresh the Equalities Outcomes in May 2026. Advising that a Equalities Outcomes including Carers needs and rights are met from all Protected Characteristics.</p>	<p>Oct 25 – Mar 26</p>



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Improve the knowledge of Carer's Rights and Carers support services with the Education, Health and Social Care Workforce						
What will we do?	When will we have done it by?	Action Status (Plan Key)	How will we know it is working?	Who will be responsible?	Progress Update	Reviewed Deadlines
1.2.2 Test whether information sessions/training co-produced by carers for Adult Social Work Care Managers increases staff awareness/knowledge of carers rights and sharing of available support offered to carers at the earliest opportunity.	Ongoing	Continue / Ongoing into CS 26-30	Gather workforce feedback before and after sessions.	Senior Project Manager (Strategy) Adult Social Work Rep Development Officer (Consultation & Engagement)	Engagement sessions throughout year, including attendance at ASW Forum, Staff Events and Pop Up stalls at Offices. Carers week also saw 2 awareness raising events.  Recognition that this needs to continue into the Carers Strategy, with focus on collaboration and creative solutions for partners and organisation providing support for Carers, this will include training and staff awareness.	
1.2.3 Consider any further requirements for Young Carers as a result of Education (Additional Support for Learning) (Scotland) Act 2004 including working with Schools to implement the 'Think Young carer Toolkit'	Year 1 - March 2024	Complete	Feedback to CSIG group and incorporate any additional actions	ACC Children's lead Rep	Think Young Carer Toolkit  Inclusion of Carer Positive accreditation for schools.	



Improve the Knowledge of the wider Community of Aberdeen City of Carers Rights and Carers Support Services						
What will we do?	When will we have done it by?		How will we know it is working?	Who will be responsible?	Progress Update	
<p>1.3.1 Test whether an awareness raising campaign providing information on rights, eligibility criteria, and opportunities increases awareness of and uptake of support (South Locality Plan)</p> <p>Test whether sessions/capacity building with community groups/organisations on carers rights/needs etc increases the no. of informal and free support available for carers to access. (North Locality Plan)</p>	Ongoing	Complete	Gather community feedback before and after sessions.	Carers Strategy Implementation Group Quarriers, Barnardos, CSIG professional leads	This has been ongoing from Improvement Projects as well as Collaborative Commissioning process and will be a plan for implementation of new Contract. Campaign will include; Joint information for Young and Adult Carers Services, Carers Rights information, Carers Reference Group and opportunities for Breaks and peer support.	
<p>1.3.2 Test whether promotional activities targeted to businesses on the benefits of the Carer Positive Award Scheme in Aberdeen through different channels (social media, case studies, website page) increases the number of businesses who are members of the scheme and having 'carer friendly' policies and working practices to support carers who might need to work in a more flexible manner.</p>	Year 1 & 2 March 2025	Continue into CS 26-30	Number of businesses and organisations participating in the scheme and achieving awards	Quarriers Senior Project Manager (Strategy) ACVO	Continue to promote Carers Awareness to Business and Organisation, encouraging Carers Positive Accreditation.	



**Action Plan Key**

<b>Not Started</b>	
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<b>Continuous Review</b>	

**PRIORITY 2 - Access to advice and support for Carers**

Ensure Young Carers have access to a Young Carer Support Service who can provide individual advice and support						
What will we do?	When will we have done it by?	Action Status (Plan Key)	How will we know it is working?	Who will be responsible?	Progress Update	Revised Deadline
2.1.1 Carry out review of Young Carer Support service	March 2024 – March 2025 Quarterly Reports	Completed 2024	The performance measures within the contract evidence a that Carer outcomes are being met	Collaborative Commissioning Project Team	Collaborative Commissioning Process carried out with Programme Review undertaken, learnings from Collaborative Commissioning process incorporated within the new service contract start April 2025, however learnings around key areas such as transitions have been developed ahead of new contract.	
2.1.2 Tender for revised Young Carer Support Service at end of existing contract	March 2024 – March 2025	Completed 2024	Completion of tender for new service	Collaborative Commissioning Project Team	Original Contract timeline aligned with Adult Carers service to do a joint Collaborative Commissioning process for Carers services across Aberdeen.  Collaborative Commissioning undertaken with full procurement process, Young Carers and Adult Carers retendered for Contracts starting April 2024	
Ensure Adult Carers have access to an Adult Carer Support Service who can provide individual advice and support.						
What will we do?	When will we have done it by?		How will we know it is working?	Who will be responsible?	Progress Update	



2.2.1 Review performance of Adult Carer Support service	Quarterly Reports March 2024 – March 2025	Completed	The performance measures within the contract evidence a that Carer outcomes are being met.	Collaborative Commissioning Project Team	Quarterly contract monitoring continuing.  Aligned Collaborative Commissioning process completed with Adult and Young Carers Services. This is now completed with 2 continuing providers taking forward future contract starting April 2025. New Key performance indicators	
2.2.2 Ensure members of our Workforce who are also Carers are supported	Year 1 / 2 / 3 Annual reporting in line with the Workforce plan	Continue into new CS	Delivery against the workforce plan and staff data/feedback gathered and analysed to help understand how well we are supporting carers in our workforce and what improvements can be made.	Transformation Programme Manager (Strategy) Workforce plan	Work to take place how we identify those in the workforce as Carers, then direct to support/resources. Built into Workforce Plan, engagement – Staff Mental Health and Wellbeing priority.	

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**Action Plan Key**

<b>Not Started</b>	
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<b>Completed</b>	
<b>Continuous Review</b>	

**PRIORITY 3 - Supporting future planning, decision making and wider Carer involvement**

<b>Young Carers have the opportunity to be leaders in planning their own support (Future Planning).</b>						
<b>What will we do?</b>	<b>When will we have it done by?</b>	<b>Action Status (Key Plan)</b>	<b>How will we know it is working?</b>	<b>Who will be responsible?</b>	<b>Progress Update</b>	<b>Revised Deadline</b>
3.1.2 List all types of youth groups running youth programmes, engage them in ensuring young carers are identified and could they support them in being leaders in planning their own support, encourage these organisations also to be Carer Positive.	January 2024	Completed	Groups identify as 'Carer Positive'	ACVO, Barnardos, Sport Aberdeen with support of all CSIG members	List of Youth programmes and initiatives collated and shared with CSIG Group, been proven useful to share Carers information and seen in increase in Groups and Planning. Opening up opportunities for young Carers and understanding. Awaiting update from Carers Scotland on uptake on Carer Positive organisations.	
<b>What will we do?</b>	<b>When will we have done it by?</b>	<b>Action Status (Key Plan)</b>	<b>How we know it is working?</b>	<b>Who will be responsible?</b>	<b>Progress Update</b>	<b>Revised Deadline</b>
<b>Ensure Adult Carers have the opportunity to be leaders in planning their own Support (Future planning).</b>						



What will we do?		RAG C	How will we know it is working?	Who will be responsible?	Progress Update	
3.3.1 Review Eligibility Criteria for Adult Carers.	March 2024	Complete	Revised Eligibility Criteria approved, published and utilised  Current Criteria <a href="https://www.aberdeencityhsc.scot/eligibility-criteria-for-carers-achscp-april-2018.pdf">eligibility-criteria-for-carers-achscp-april-2018.pdf</a>	Adult Social work & Quarriers Supported by Carers Strategy Implementation Group	Adult Social Work will include this as part of the eligibility criteria	MARCH 2025
3.3.2 Review templates and procedures for Adult Carer Support Plans, Anticipatory Care Planning and Patient Admission/Discharge.  The former to include sections for Emergency Arrangements and Future Planning. Have one ACSP template used by Quarriers and Adult Social Work	March 2024	Ongoing – Bring forward to priority 1 for CS 26-30	Templates revised and in use.	Same group as above. Both pieces of work are linked.	As 3.3.1 - Update required from Adult Social Work, person to be allocated to conduct review of eligibility criteria and templated and procedures.  Aligning this work as part of the implementation stage of the Carers Services contracts.	Refreshed Carers Strategy 26-30
<b>Carers have the opportunity to be involved in planning the support of the person they care for.</b>						
What will we do?	When will we have it done by?	Action Status (Plan Key)	How will we know it is working?	Who will be responsible?	Progress Update	Revised Deadline



3.4.1 Review progress so far and develop guidance in relation to carer involvement in the hospital discharge process, including awareness and recognition of the role of Young Carers.	March 2026	On Track	Guidance developed and in use.	LOIP Project Lead – Quarriers - supported by SPM	Has been identified as pathway to be developed in LOIP Refresh Aim, starting with Rehabilitation services, who have a longer discharge process planning stage, and learnings to be shared and expanded to further hospital discharge processes.  LOIP Project Link <a href="#">10.2 Identifying Carers.docx</a>	March 2026 to be completed with LOIP Carers Project
3.4.2 Review support guidance for Carers when the cared for person is moved to a Care Home.	March 2024	Bring Forward to Priority 1 CS 26-30	Guidance understood and in use.	CSIG & Scottish Care	This action to be updated to include Care at Home. Scottish Care representative now established with CSIG Group.	
There are opportunities to access independent sources of support for both the Carer and the Cared for Person						
Actions moved to BAU/ Continuous Review						
All Carers have opportunities to be involved in decision making about Carer Support Services, the Carer Strategy and the wider work of the ACHSCP (Participation and Engagement).						
What will we do?		RAG C	How will we know it is working?	Who will be responsible?	Progress Update	Revised Deadline
3.6.1 Develop a reference group made up of carers with different experiences of caring to support the IJB carer representatives and improve access to and communication with them.	Ongoing Year 2/3	Complete/BAU	Reference group in place Communication arrangements in place	Development Officer (Consultation and Engagement) & Senior Project Manager (Strategy)	Initial Group established. 1 year anniversary, more information in Annual Report.  Work will move to ongoing for Development of the Group and increasing membership.	



					2025 ambition is Carers Reference Group co-produce and develop the Carers Strategy refresh.	
3.6.2 Implementation and awareness of Carer and Service User Engagement protocol for planning services, including awareness and recognition of the role of Young Carers.	May 2024	Completed 2024	Protocol understood and in use.	Carers Strategy Implementation Group Specific remit of Development Officer (Consultation & Engagement)	IJB Report approved in May 2024 for Engagement and Human Rights Guidance and has also been updated with inclusion of a Community Engagement Toolkit.	
3.6.4 Carers to be involved in the wider planning of and future commissioning of ACHSCP services and are recognised as a specific consultation group.	March 2025	Completed 2024	Carers Reference Group (when established) engaged in services through commissioning work planning.	Carers Reference Group Lead Commissioner (ACHSCP)	As above, linked with 3.6.3, Carers were key stakeholder commissioning and service design of the Carers Support Services.	
3.6.5 Ensure Carers views are surveyed regularly, and the feedback informs future support planning.	Ongoing Year 1/2/3	Completed 2024	Survey results indicate improved Carer experience and Action Plan revised in response	Development Officer (Consultation and Engagement)	Annual Carers Survey in effect – due to finish 19 <sup>th</sup> January 2024. Quarriers also have a quick survey out, info to be shared with CSIG Group when available.	<b>Move to BAU</b>
3.6.6 Provide on-going support as required to the carer representatives to the IJB in consultation with them as to their specific needs.	Ongoing Year 1/2/3	Completed	Feedback from carers representatives indicates they feel supported	Senior Project Manager (Strategy), Development Officer (Consultation & Engagement), Quarriers	New Senior Project Manager (Strategy) in post August 2023, in regular contact with IJB Carer Reps.  New IJB Carers Rep to start February 2026	<b>Move to BAU</b>

**Action Plan Key**

**Not Started**



In Progress/ On Track	
Delayed	
Completed	
Continuous Review	

**Priority 4 - Community support and services for Carers**

What will we do?	When will we have done it by?	RAG C	How will we know it is working?	Who will be responsible?	Progress Update	Revised Deadlines
4.1.2 Maximise opportunities for Carers to access Community groups and activities. Incorporates; Increase the number of informal opportunities for Carers across the locality. <b>North Locality Plan</b>	Year 1 / 2 / 3 Ongoing	Completed	Feedback from Carers indicates opportunities are available.  Identified opportunities are available in North Locality. Whilst identified in the North Locality plan this will be progressed for Central and South to ensure equality of opportunity across Localities.	Carers Strategy Implementation Group <ul style="list-style-type: none"> <li>• ACVO</li> <li>• Wellbeing Project Manager</li> <li>• Quarriers</li> <li>• Barnardos</li> </ul> Carers Reference Group (when established) Locality Empowerment Groups	23 Wee Blethers delivered across Aberdeen City Carers Reference Group established. Pop up and awareness events as part of annual carer events calendar.	
<b>Support the ongoing development of a range of mainstream supports and services to enable Carers to receive a break from Carin g in line with the proposed 'right to a break' within the National Care Service Bill</b>						
<b>All Actions moved to Completed or BAU</b>						
<b>Continue to develop a range of support options for Carers, where the cared for person has high level needs, which allow choic e and control in line with the proposed 'right to a break' within the National Care Service Bill.</b>						
What will we do?	When will we have done it by?		How will we know it is working?	Who will be responsible?	Progress Update	



4.2.3 Review 'Short Breaks statement'	Year 1 – January 2024	Complete	Review completed	Senior Project Manager (Strategy)	SPM to progress and update. Do this in conjunction with 3.3.1 (Eligibility Criteria)	
4.3.3 Review of Respite and Interim Beds for Older People and those with Physical Disabilities	Year 1 September 2023	Complete	There is capacity to meet the demand for planned respite provision	CSIG SW Lead Senior Project Manager (Services and Pathways)	SPM Services and Pathways to update, report being prepared and will be shared with CSIG when ready Delivered through SLWG 2025	
4.3.4 Consider learning from Technology Enabled Care projects within Social Care Pathways review and implement any additional tests of change required as a result	Year 2 – January 2025	Continue into Priority 1 CS 26-30	Will be dependent on work within separate Programme of work on Social care Pathways.	SW Lead to keep CSIG informed.	Digital Project Manager is lead, updates to be obtained from TEC board.  Same Digital Project Manager aligned to ACHSCP Carers Website development. To be invited to January Carers Strategy Implementation Group  Inclusion of the ongoing Digital Inclusion projects and the Single Point of Contact across ACC.	
4.3.5 Develop a respite bureau	March 2026	Completed	Bureau in place	SPM, Quarriers	Part of LOIP Project – Development for year 2 from initial test of change.  Continue to review of the Respite opportunities across Aberdeen City reviewing Formal and Informal respite opportunities, will continue into Priority 2, and supporting implementing Right to Breaks for Carers from Care Reform Act.	



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## **Continuous Review Tasks**

1.1.1 Hold database(s) of carers in Aberdeen City.	Year 1 / 2 / 3 Ongoing	Continuous Review	Stats available from database(s) on no. of Carers	<ul style="list-style-type: none"> <li>• Adult Carers Support Service</li> <li>• Young Carer Support Service</li> <li>• Data Controller - HSCP</li> </ul>	Both Carers Support Services hold Carers Databases. ACHSCP will remain as data controllers, and request information updates through Quarterly Monitoring Reports. Continuous review on information sharing.	
1.1.3 Work with commissioned and internal services to ensure we are encouraging and supporting Carers to identify as such and making every opportunity count in this regard. Incorporates; Identify early intervention and prevention support for Carers in the community with a view to addressing gaps and support. South Locality Plan	Year 1 / 2 / 3 Ongoing	Continuous Review	Increased numbers of adult and young carers identified.	<ul style="list-style-type: none"> <li>• Senior Project Manager (Strategy)</li> <li>• Adult Carers Support Service</li> <li>• Young Carer Support Service</li> <li>• CSIG professional lead reps</li> <li>• Public Health Coordinators</li> <li>• Locality Empowerment Groups</li> </ul>	Good Practice shared with Adult Carers LOIP and Young Carers Project Charters.  Funding Applications being reviewed that will support this action.	
1.2.1 Improve knowledge of the workforce through targeted training and development opportunities for staff working within the ACHSCP, Aberdeen City Council and NHS Grampian.	Ongoing with benchmarking every year Year 1- develop training programme and roll out	Continuous Review	No. and % of Adult Social Work Care Managers attending carers rights training/information sessions No. of staff aware of carers rights No. of staff reporting increased awareness of carers rights	Senior Project Manager (Strategy) CSIG professional lead reps Development Officer (Consultation & Engagement)	Consider online course too Exploration across Grampian  JANUARY WORKSHOP Carers Scotland – Carers Positive Link	



			Campaign analytics		Young Carers Training Programme – Amy Duncan Linking with Carers Scotland – Carers Positive for April 2024 roll out new legislation.	
3.2.1 Develop a pathway and protocol for transition planning from Young to Adult Carer, including response to and provision for 16 & 17 year old Young Carers.	Year 1 - January 2024	Continuous Review	Number of Young Carers transferring to Adult Support Service.	CSIG sub-group to action this; Senior Project Manager (Strategy), Quarriers, Barnardos, Children's services Lead, adult Social work lead	SPM to link in and progress Link in with Ally Palin (currently working on GIRFE LD transition into Adult Services)  Workshop JANUARY	
3.3.4 Ensure appropriate advice and support on employment issues and finances is available to Carers of working age	Ongoing 1/2/3	Continuous Review	An agreed approach to support is in place linking with National Carer Strategy Actions.	Quarriers	To include Young Carers that are in employment To be updated (consider transitions and the national strategy) Link with Workforce Plan actions and organisational links.	
3.5.1 Develop an overview of Carer Support services which can provide independent advice to Carers and the Cared for person in specific circumstances where independent support is required to ensure they are signposted correctly, e.g. Advocacy, Adult Protection, Domestic Abuse.	December 2023	On Track move to Continuous Review	All relevant Carer services are listing themselves on ALISS and / or Scottish Social Services Directory  Linked with Actions in 1.1.1 and 1.1.6	ACVO Quarriers Barnardos	Linked with Actions 1.1.1 and 1.1.6  Information and signposting links to be held independently at ACHSCP Website.	



<p>3.6.3 Co-design local Carers resources and support. <b>North Locality plan</b></p>		<p>Continuous Review</p>	<p>Carers have ongoing co-design involvement in development of support provided by Quarriers as per the existing contract. Carers co-design the next service when the contract is due for re-tender.</p>	<p>Carers Reference Group Carers Strategy Implementation Group Strategic commissioning and procurement board</p>	<p>Carers Reference Group now established, will be looking for more involvement from representatives with CSIG Group and actions including Collaborative Commissioning processes, Information review and test of change projects.</p>	
<p>4.3.1 Increase number of eligible Carers being offered the 4 Self-Directed Support (SDS) Options and associated budgets.</p>	<p>Year 1 / 2 / 3 Ongoing with Annual review</p>	<p>Continuous Review</p>	<p>SDS Statistical Report.</p>	<p>Lead Social Work Manager (ACHSCP)</p>	<p>Monthly/ Quarterly report from SDS at the moment will be compiled into Annual Report.</p>	
<p>4.3.2 Increase the range of supports available to eligible Carers under each SDS Option therefore providing true choice for Carers.</p>	<p>Year 1 / 2 / 3</p>	<p>Continuous Review</p>	<p>SDS Statistical Report.</p>	<p>Lead Social Work Manager (ACHSCP)</p>	<p>Monthly/ Quarterly report from SDS at the moment will be compiled into Annual Report.</p>	
<p>4.3.6 Review of Day opportunities for Older Adults – Initial test of Change</p>	<p>Year 1</p>	<p>Completed move to Continuous Review</p>	<p>Attendance numbers and qualitative feedback.</p>	<p>CSIG SW Lead</p>	<p>Wee blether groups established– Further wee blethers to be developed across the City. Evaluation will be carried out and provided. (ongoing and evolving) Quarriers taking on 15hrs per week support for wee blether groups</p>	



					<p>Evaluation included in LOIP Project Close Report.</p> <p>Annual Evaluation to be incorporated in Annual Report.</p>	
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## Completed Tasks

1.1.6 Review the information held online for Carers to ensure it is easy to access, signposts correctly and is kept up to date.	<p>Year 1 - December 2023 Initial Review Completed</p> <p>Move to Continuous Review</p>	Completed	Monitor numbers accessing online information	<ul style="list-style-type: none"> <li>• Development Officer (Consultation &amp; Engagement)</li> <li>• Adult Carers Support Service</li> <li>• Young Carer Support Service</li> <li>• CSIG professional lead reps</li> <li>• Project Manager support</li> </ul>	<p>Information held by Carers Information Services updated on their websites.</p> <p>CSIG Collated other useful information link for Carers and now available on ACHSCP Website.</p> <p>Carers Reference Group to Review ongoing basis as well as feedback in Carers Annual Survey.</p>	
3.1.1 Review use of Young Carer's Statements.	December 2023	Completed	<p>Increase number of completed Young Carer Statements.</p> <p>Annual audit of the value of the completed plans with the individual carers.</p>	<p>Integrated Children's Services (ACC) Commissioned Service</p>	<p>Children's Services lead to update, who audits?</p>	
3.2.2 Identify all 3rd sector organisations that support families including those involved with children transitioning into adult services.	Year 1 - September 2023	Completed	Organisation list and contacts received	ACVO	<p>Provided by ACVO, will support action 3.2.1 and other</p>	



					Pathway touchpoints as well as information sharing and good practice distribution.	
3.3.3 Review use of Adult Carer Support Plans	January 2024	Completed	Increase number of completed Adult Carer Support Plans Annual audit of the value of the completed plans with the individual carers.	Adult Social Care Commissioned Service	Jo/Andrew to update working with SW Annual audit – who audits?	
4.1.1 Develop a Culture of Creativity through embedding the Promoting variety approach into development of Carers Support including; mainstream, services, Carer support services and Self-Directed Support option for Carers with eligible needs and Cared for with high level needs.	Year 1 – Promoting Variety project	Completed	New projects being added to Action Plan to address specific areas as identified through community engagement	Carers Strategy Implementation Group Carers Reference Group LOIP Resilient, Included & Supported Group Adult SW Lead Rep	Project Update on promoting variety, Chapelton and enhanced VR/Care Home breaks. Evaluation required by October 2023. LOIP Close Report now available.	
4.2.2 Test whether a 'Respite' scheme with businesses increases the range of co-designed respite/short break provisions available. (North Locality Plan) LOIP Change Idea & North Locality Plan	Year 1 • September 2023	Completed	Performance reported via LOIP Outcome Improvement Group. 'Resilient, Included, Supported'.	Quarriers	Andrew to update on the charter via regular updates to CSIG LOIP CLOSE REPORT	
4.2.3 Review 'Short Breaks statement'	Year 1 – January 2024	Completed	Review completed	Senior Project Manager (Strategy)	SPM to progress and update. Do this in conjunction with 3.3.1 (Eligibility Criteria)	
4.3.6 Review of Day opportunities for Older Adults – Initial test of Change	Year 1	Completed	Attendance numbers and qualitative feedback.	CSIG SW Lead	Wee blether groups established – Further wee blethers to be developed across the City. Evaluation will	



					<p>be carried out and provided. (ongoing and evolving) Quarriers taking on 15hrs per week support for wee blether groups</p> <p>Evaluation included in LOIP Project Close Report.</p> <p>Annual Evaluation to be incorporated in Annual Report.</p>	
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