

Aberdeen City Carers Strategy

2026-2030 "A City for all Carers"





Aberdeen City
Health & Social Care
Partnership

A caring partnership



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Foreword



Caring is at the heart of our communities. Across Aberdeen City, thousands of unpaid carers provide vital support to family members, friends, and neighbours - often without recognition or reward. Their dedication enables those they care for to live well and remain connected to their communities, and in doing so, carers themselves face significant challenges balancing their caring role with their own wellbeing.

This Carers Strategy reflects our shared commitment to listen, learn, and act. It builds on the progress made through the 2023–2026 strategy and sets out a clear vision for the future: a city where carers feel valued, supported, and empowered. Co-production has been central to this work. The voices of carers, partners, and professionals have shaped every aspect of this strategy, ensuring that it is rooted in lived experience and practical solutions.

We know the challenges are real - navigating complex systems, managing financial pressures, and coping with the emotional demands of caring. Yet within these challenges lie opportunities for innovation and collaboration. Together, we will continue to break down barriers, strengthen partnerships, and deliver services that are inclusive, responsive, and sustainable.

Thank you to every carer, partner organisation, and member of our community who has contributed to this strategy. Your insight and dedication are the foundation of a plan that not only meets legislative obligations under the Carers (Scotland) Act 2016 and forthcoming Care Reform (Scotland) Act 2025 but also reflects our ambition to make Aberdeen a city for all carers.

Let us move forward with compassion, courage, and creativity - working together to ensure that every carer in Aberdeen feels supported, respected, and heard.

Fiona Mitchelhill
Chief Officer, Aberdeen City Health and Social Care Partnership



Aberdeen City Health & Social Care Partnership
A caring partnership

Introduction



Aberdeen City Carers Strategy 2023 - 2026, “a city for all Carers” set the scene for a strategy for Carers focused on remobilisation and recovery after the Covid-19 pandemic. Setting four priorities has supported great progress for the City in terms of stabilising support for Carers, creating concise and accessible platforms for support, including peer support and testing ways to modernise our service delivery.

A City for All Carers 2026 - 2030 is a preventative strategy that focuses on early identification, support, and empowerment of unpaid carers. By reducing crisis points and promoting wellbeing through timely interventions, collaborative networks, and rights-based support, it helps sustain caring roles and prevent escalation into acute health and social care needs. Our collective community of Carers, services and partners (page 12) are aware of the challenges that public services and carers face, and through co-production of this strategy, have planned the next four years of direct deliverables, that are measured, achievable and clear on outcomes for Carers across Aberdeen City.

Reflections

The Aberdeen Carers Strategy 2022–2026 set a key objective to increase the proportion of carers who feel supported to continue in their caring role to more than 40%, as measured by the [Health and Care Experience Survey](#). The most recent survey was conducted in 2023/24, and we anticipate achieving this target in the 2025/26 results. The progress of the previous strategy was delivered by the coordinated efforts of the Carers Strategy Improvement Group (page 12). [Annual Reports](#) have consistently demonstrated achievements against our priorities, including:

- **Delivery of [Local Outcome Improvement Plan](#) projects:** Three projects were successfully implemented to enhance support for both adult and young carers.
- **Expansion of referral pathways and increase in supported carers:** The 2025 project focused on increasing referrals from diverse sources, ensuring carers are identified and supported earlier. Actions have resulted in a substantial rise - over 40% in one year - in the number of carers receiving support.

Additionally, the Implementation Group has funded 15 improvement projects designed to deliver the Carers Strategy through collaborative approaches, providing direct and meaningful support and breaks to carers.

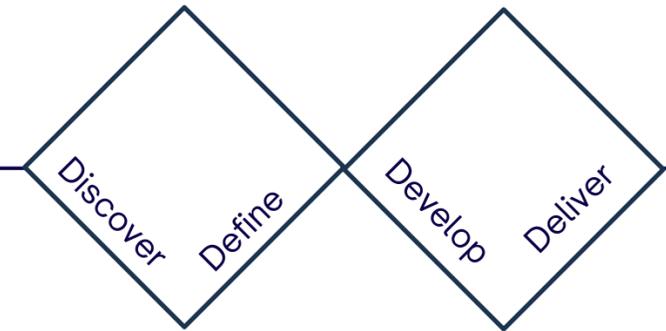
Challenges

We face a number of different challenges over the next four years, this includes finance and resource restraints which finds the Health and Social Care Partnership and most other partners navigating a difficult financial climate. However, while developing this strategy - its stakeholders recognised that there is lots we can do despite these restraints. Priority two of this Strategy is to take charge of our creative and innovative approaches making best use of our resources and maximising support to carers. We know that with this support and collaborative working we can also help deliver and implement the legislative changes within the [Care Reform \(Scotland\) Act 2025](#) that will support Carers with Right to Breaks and other modifications to the Carers (Scotland) Act 2016.

Recognising that unpaid Carers are dealing with more complex situations, relationships and often complicated services and systems, we need to ensure that they have a voice in Aberdeen City.

Co-Producing our Strategy

Co-Production has been at the heart of this Strategy, together with carers, partners and services we have developed the key elements - its aim, the priorities and the key programmes of work that will help shape our staged action plan for the next four years. **Discover** – Our local and national data and progress from the previous strategy provided a basis to develop from, we also were able at that stage to consolidate our learnings and establish what has worked well and what can improve. **Define** – Using what we know we were able to define these areas to shape our focus, e.g. understanding that we have undertaken projects to maximise the identification of carers, and referral routes to carers support, we are now able to focus on ensuring our carers understand their rights and how we maximise support when needed. **Develop** – Collaborative working has developed a strategy fit for purpose, taking feedback for it be realistic, deliverable and easy to understand. This strategy has a clear vision for **Carers by Carers** and to support service delivery. **Deliver** – Our Carers Strategy Implementation Group will ensure a staged action plan is achieved and reported each year of the strategy.



Local carer strategies

The [Carers \(Scotland\) Act 2016](#) requires local carer strategies to be developed across Scotland. These will set out plans to identifying carers, provide support and services to adult and young carers and provide information about local support. The duty to prepare local carer strategies applies to local authorities and relevant health boards but is delegated to integration joint boards^[1]. Local authorities and health boards are strongly recommended to work closely and collaboratively with carers and the third sector in preparing strategies.

Our Approach

Similarly to the [Aberdeen City Health and Social Care Partnership Strategic Plan 2025 – 2029](#), we have key principles underpinning our plan. The Carers Strategy supports the delivery of the shifting focus to prevention and early intervention priority for the ACHSCP Strategic Plan.

The **Grampian Hope Approach** unifies Getting it Right for Everyone (GIRFE), Putting People First, Trauma Informed practice, Human Learning System, [Self Directed Support](#) and Realistic Medicine to consistently provide support to help people live their best lives. We also link with the local Aberdeen City [Children’s Services Plan](#) ensuring the UNCRC and [The Promise](#) principles are embedded in our services areas that support children and young people.

Our approach includes ensuring Carers voices are heard and included in the [Local Outcome Improvement Plan](#) and the supporting [Locality Plans](#) for Aberdeen City. It is vital that our localities understand Carers needs as well as wider systems changes that can support Carers services going forward.



National Approach

The Carers (Scotland) Act (2016) outlines the Scottish Government’s expectations of how carers support is provided in each Local Authority area. In December 2022 the Scottish Government published a [National Carers Strategy](#) with themes that have been incorporated where still appropriate within this strategy.

Subsequently there has been modifications applied to the Carers (Scotland) Act 2016 by the enactment of the [Care Reform \(Scotland\) Act 2025](#), which includes Right to Breaks for Carers. Aberdeen City is working toward the legislation to be in place by the national timeline of May 2026.

Plan on a page **Aberdeen City Carers Strategy 2026 -2030**

Priorities

Programmes of Work

Our Carers say..

Strategy Aim

Increase Carer Engagement in Aberdeen City by 50% by 2030, ensuring more carers are involved in service developments and involved in decision making.

1 We work together - carers, services and partners to make carers feel included, provide clear information, and empower them to use their rights to access the support they need.

2 Our collective Community are creative and innovative with our finance and resources to maximise support to Carers.

Improve communications with Carers. Focusing on level of choice, decisions, managed expectations and the way a carers plan is communicated.

Increasing networks and Carer involvement to enhance collaboration and information sharing and putting in place a structured plan for next steps in service development.

Work with Carers to review funding, services and resources for Carers support, gaining clearer insight to overall impact and value.

Implement key stages of new legislation supporting Carers understanding of rights e.g. Right to Breaks, through innovative and creative solutions.

We don't want to feel like we are being a nuisance - we want to feel like we are partners in the decisions for our support and the ones we care for.

Often when Carers ask for support it's probably been needed for a while, so when we are asking for help, its because we really need it.

All underpinned by Getting it Right for Everyone (GIRFE) Principles

I know that I can be clear about what matters to me, and I trust that my choices will be respected and understood by the people who support me.

If I need to access services or support, I am treated with kindness, dignity and respect at all times.

The people I am involved with work together with me and each other to share information, in a way that is accessible to me and develop a clear understanding of how to support my wellbeing.

The people who support me take the time to listen and understand me as a person and we consider my whole life when making decisions about my life.

I have the information I need to make decisions about my life, in a way that works for me, and I am supported to understand what options are available to me and trusted to know what is right for me.

Who are carers?

Definition

You are a 'carer' if you provide (or intend to provide) care for another person – but **not** :-

- if this is only because of that person's age (where they are under 18);
or
- if you are caring because you have a contract or as voluntary work.

Meaning of young carer

You are a 'young carer' if you are a carer (as above) and are also :
under the age of 18; or
18 or over, but still attending school.

Meaning of adult carer

You are an 'adult carer' if you meet the criteria for a carer above and are aged 18 or over, and not attending school.

Kinship carers

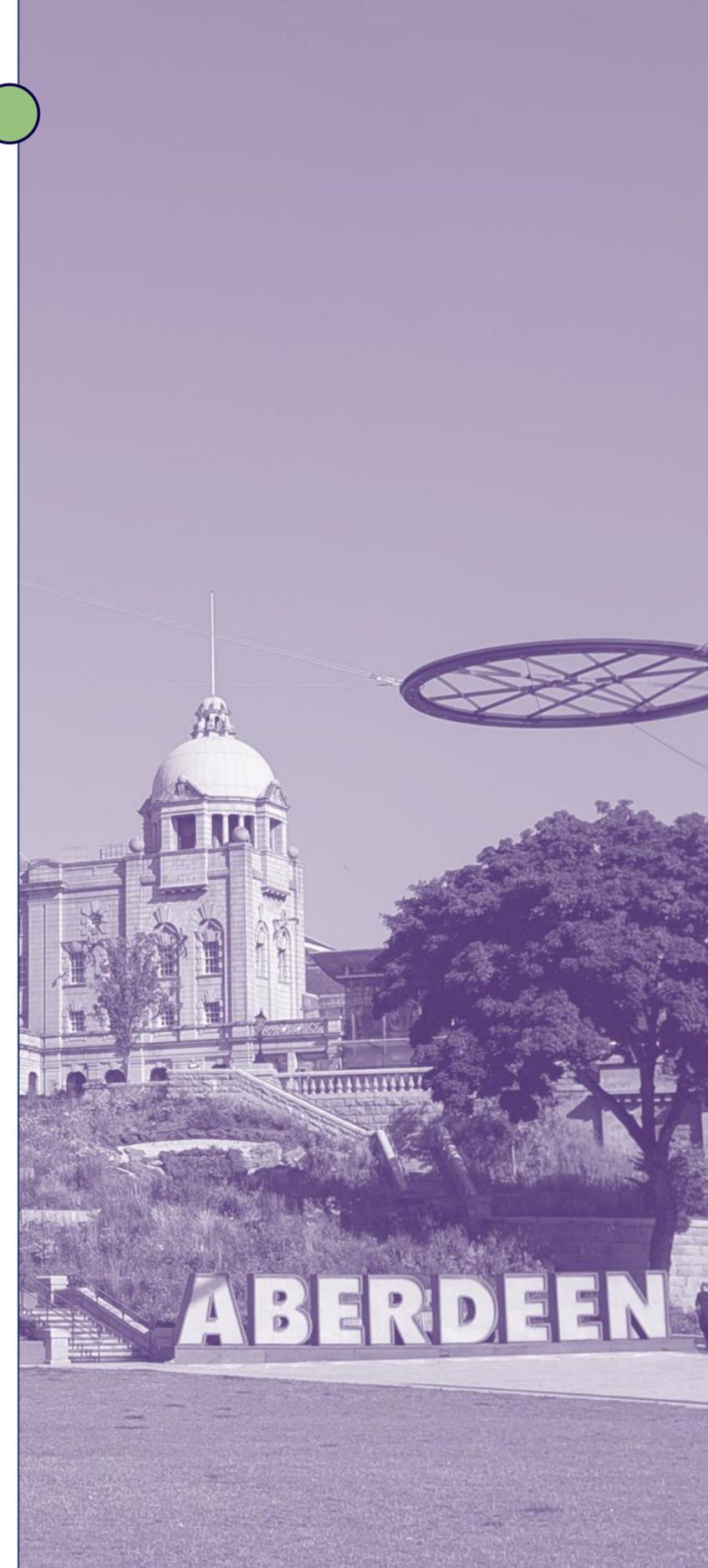
A kinship carer (usually a relative or close friend looking after a child in place of their parents) can be a carer under the Act, even where they have a kinship carer agreement with the local authority. This is only for kinship carers who meet the other requirements of the meaning of 'carer' above, so not where the care is simply because of the child's age.

The definition described here is as defined by the Scottish Government [Carers Charter](#), which details the rights for Carers within the Carers (Scotland) Act 2016.

Unpaid carers are the backbone of Aberdeen's health and social care system. Every day, thousands of individuals across our city provide vital care to family members, friends, and neighbours—often without recognition or financial reward.

Their contribution allows those they care for to remain independent and connected to their communities, reducing pressure on formal health and social care services. Supporting unpaid carers is not just the right thing to do—it's essential for the wellbeing and resilience of Aberdeen.

Collectively, unpaid carers are the largest provider of care in the Scotland. It is estimated that the care they provide saves the economy an estimated £15.9 billion each year. It is estimated that there is 25,000 – 33,000 carers in Aberdeen City, we know most are not receiving any support from our services.



What the data tells us

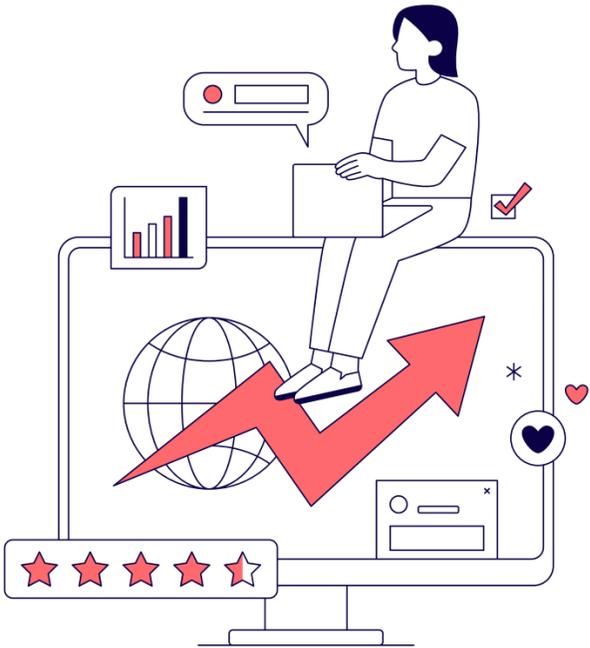
Nationally

Almost three in five carers (58%) in the [Carers Census 23/24](#) were working age (18-64 year old) adults in 2023-24. Adults aged 65 plus made up a quarter of carers identified (26%), whilst young carers aged under 18 accounted for 16% of the carers.

Around three-quarters of carers in the 2023-24 Carers Census were female (73%). Female carers outbalances male carers in all age groups, with the most pronounced difference being seen in the working age carer group – where 80% of carers aged between 18 and 64 were female.

A deprivation effect for unpaid carers supported by local services was noted, however this was greater for young carers. In 2023-24, 15% of young carers lived in areas within the most deprived Scottish Index of Multiple Deprivation (SIMD) decile, while 5% lived in areas within the least deprived SIMD decile.

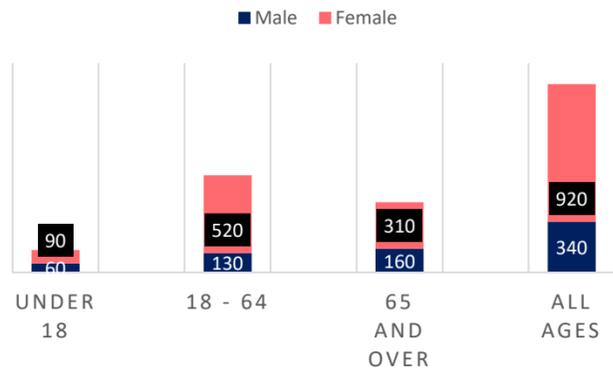
The [Scottish Health Survey](#) has an interactive map showing Aberdeen city approximately has 12% of its population providing regular help or care for any sick, disabled or frail person, this is lower than the national average of 15% across Scotland.



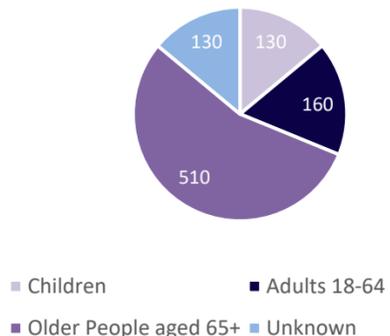
Locally

The figures here provided by the Aberdeen City breakdown from the [Carers Census 23/24](#) supports our Local Survey results to where we understand majority of carers are spending more than 50 hours per week caring. Young Carers and Adult Carers have different impacts from their caring role. Young Carers feel emotional wellbeing, life balance, feeling valued and living environment are most impacted by their caring role. These are shared by Adult Carers, however health and employment and future plans impacts are also felt.

Carers age groups and gender



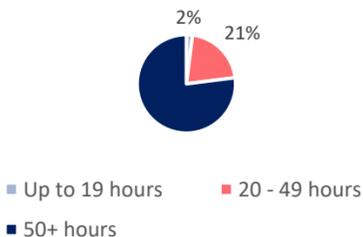
Cared for age groups



Known client groups for Cared for People



Number of Hours spent Caring per week



Identified Carers receiving support	2022/23	2023/24	2024/25	2025/26
Adult Carers open to Quarriers Adult Carer Support Service (inc Enhanced Support Service)	803	1006	1682	2065
Young Carers registered with Barnardos.	135	133	237	306

Social Determinants of Health

The Social Determinants of Health are the conditions in which people are born, grow, work, live, and age, as well as the wider forces and systems shaping daily life - including social and economic circumstances - that collectively influence population health.

Many factors combine to affect health outcomes for individuals and communities. There is no single agreed list, but Aberdeen City Health and Social Care Partnership works Aberdeen City Council and Community Planning Partners to consistently use five themes drawn from the World Health Organisation's broader framework:

- Economic Stability
- Children, Families & Lifelong Learning
- Neighbourhood & Environment
- Communities & Housing
- Health & Social Care

Within these determinants, socioeconomic factors such as poverty, employment and education have the greatest impact on health outcomes. This shows that the biggest contribution to population health often lies outside the health sector. Addressing these determinants effectively is therefore essential for improving health and reducing longstanding inequities.



What this means for Carers

Economic Stability: Many carers face financial strain due to reduced working hours or leaving employment to provide care. The Carers Strategy can include measures and signposting for financial support, flexible employment, and benefits advice.

Children, Families & Lifelong Learning: Carers often juggle responsibilities for children and older relatives. Young carers also face hardship with maintaining education and learning. Access to education, training, and respite care supports their ability to manage these roles.

Neighbourhood & Environment: Safe, accessible environments and transport options are crucial for carers to maintain social connections and access services.

Communities & Housing: Carers need housing that accommodates the needs of those they care for, and strong community networks to reduce isolation.

Health & Social Care: Carers require timely health and social care support for both themselves and the person they care for, including mental health services and respite.

A City
for all
Carers

Name: Sarah Unpaid Carer



“I need an accessible home that can accommodate my daughter’s needs with a community that has support for people with learning disabilities”

About Sarah

- Sarah, 41, is a single parent working 30 hours a week as a supervisor in a supermarket.
- She has a 16-year-old daughter with a learning disability who needs support with communication, mobility, personal care and eating. Sarah received help from paid carers and her sister and mother.
- Her sister’s availability will soon decrease, and her mother is being assessed for dementia, meaning she may no longer be able to support Sarah, and may need support herself at some point in the future.
- Sarah relies on her smartphone for communication. She has a driving license but relies on public transport to get around the city.

What does Sarah need?

- To maintain her flexible working hours and income.
- To ensure her daughter's health and wellbeing and develop her independent living skills.
- To undertake guardianship process for her daughter and make decisions on her behalf as she transitions to adulthood.
- To find supportive groups for her daughter and improve her daughter's communication abilities
- To secure alternative care for her daughter and develop a contingency plan for emergencies.
- To understand the impact a dementia diagnosis could have on her mother and what caring roles she and her sister will have to consider.
- To increase her savings for a suitable vehicle

What is Sarah feeling?

Concern – that her family support network is changing. That she may now have to support her mother should she be diagnosed with dementia.

Frustration – at the lack of support for single parents with children that have additional support needs.
Frustration – complex nature of finding information about health, social and guardianship processes.

Anxiety – about everything she must have in place for the care of her daughter.

What our Strategy can do to support Sarah

- Ensure Sarah has easy to access information for Carers Support services across Aberdeen City.
- Carers support services can support Sarah to complete an Adult Carers Support Plan, looking at the best outcomes for Sarah and needs to support in her caring role. This includes the changing circumstances with her family support and emergency planning support for her daughter if ever Sarah needs it.
- Sarah can be supported to access financial support and rights for her caring role. This can include employment rights and flexibility as well as financial support through specific benefit entitlements.
- Sarah can be signposted to services and peer support groups and gain confidence talking with others that have similar experiences.

What Carers tell us

Carers report they are still struggling to find relevant information, balancing their caring role with life and other responsibilities - affecting Mental Health and Wellbeing

Carers want something that clearly explains Carers Rights for the City.

Young Carers specifically need more one to one support, there is a need for variety and flexibility.

Those that access services are generally happy with the support they receive, however there is still a number of Carers not registering with Support services

When I became a Carer after my parent's dementia diagnosis I received a Carers Information pack. I couldn't wrap my head around it at the time - I was trying to get information on what the diagnosis meant for my parent. It takes a while to understand that you are going to need support too.

Continuity is key - carers want continuity for the people they care for.

Respite - there is a desperation around this for people. "I'm not sure I'll be able to keep doing this" statements are often made.

Carers want a clear Strategy based on practical actions.

We don't want to feel like we are being a nuisance - we want to feel like we are partners in the decisions for our support and the ones we care for.

Some young carers report enjoying attending planned events for young carers. For some it's the only time they see peers their own age and it's their only break from caring



Our Collective Community

The Carers Strategy Implementation Group (CSIG)

The Carers Strategy Implementation Group (CSIG) ensure that our strategy is not stagnant, that it is a progressive strategy with continual actions. The group is formed by services, providers and partners working together sharing resources, activities and raising awareness for Carers Services and Support across Aberdeen. Our Priorities set within this strategy lets us take stock of the progression so far, what resources we have available, and how best we can use them to maximise support for Carers. Working alongside the implementation group, Carers within the Carers Reference group, ensure lived experience is integral to our service developments.

Our Carers Strategy Implementation Group partners are below, one of our actions is widening our collective community.



SERENITI
BEYOND HELPING FAMILIES



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north east
sensory services
achieving independence for blind & deaf people



Carer Support Services

 [Click the logos to take you to the support service website](#)



Shared Service Outcomes

1. People in caring roles are supported to identify as carers at the earliest opportunities with equitable access to information and services.
2. Using a whole family approach, carers are respected, listened to and involved in their assessment, service planning and reviews.
3. Carers are supported and empowered to develop and maintain their resilience to support and maintain their caring role. Carers are supported in their transition journeys.
4. Carers maintain a sense of self and are connected with their peers and communities, supporting a life alongside caring.
5. Services work collaboratively and innovatively across the wider system to ensure appropriate opportunities are available for Carers.
6. Services are adaptable and responsive to carer outcomes and data analysis, ensuring appropriate service levels.



Under the Carers (Scotland) Act 2016 each local authority must establish and maintain an information and advice service, covering a range of mandatory areas for carers either resident in that local authority area, or caring for someone in that local authority area. There are currently two support services in Aberdeen City which are contracted to provide a dedicated to support service for Carers.

Aberdeen City Health and Social Care Partnership commission services to provide Carers Support across Aberdeen City. In 2024 a collaborative commissioning process took place to review and renew Carer Support Service Contracts. Upon review it was deemed appropriate to amalgamate Adult Carers Support with the Enhanced support contract, this was to enable services flexibility with level of support for each Carer and a reflection that there are more complex cases than ever before. There are separate needs for Young Carers and Adult Carers - however through Co-Production with Providers, Carers, partners and other stakeholders a set of shared service outcomes were developed and agreed as the baseline for and Adult Carers and Young Carers Service specification going forward allowing better shared working and resources. From the competitive procurement process Quarriers were successful in securing the Adult Carers Service and Barnardos for the Young Carers Services. These contracts started April 2025 and ensure consistency and a collaborative approach for Carers across the city for the next 5 - 7 years.

These providers work with Aberdeen City Health and Social Care Partnership and other partners to ensure Carers are supported in Aberdeen City. They ensure Adult Carer support plans and Young Carers statements are offered and undertaken in a timely manner with each identified Carer and ensure the above outcomes are met. Quarriers and Barnardos provide quarterly reports with progress and public annual reports are published and linked from the Carers Strategy Annual Reports.

Understanding Carers Rights

Carers (Scotland) Act 2016

The Act represented a shift from previous reactive approaches to Carers support to one with Prevention at the centre introducing new rights for Carers and duties for Local Authorities and Health and Social Care Partnerships.

The Act brought in new duties and powers in relation to:

- Adult Carer Support Plans and Young Carer Statements
- Eligibility Criteria
- Carer Involvement
- Local Carer Strategies
- Information and Advice
- Short Breaks Statement

The Act is accompanied by statutory guidance and the Carers Charter which outlines the key rights Carers have in relation to;

- Am I a Carer?
- Adult Carer Support Plans
- Young Carer Statements
- Support as a Carer
- Carer involvement in services
- Hospital Discharge

Care Reform (Scotland) Act 2025

The Bill for this Act of the Scottish Parliament was passed by the Parliament on 10th June 2025 and received Royal Assent on 22nd July 2025

A Scottish law about handling health and social care information, and about how social care is delivered and regulated.

Specifically for Carers, this will change the right to breaks. Modifications are made to the Carers (Scotland) Act 2016, upon identification of carers outcomes and needs for support by a carers services or local authority;

- “must identify as a personal outcome that is relevant to an adult carer, the outcome that the adult carer is able to take sufficient breaks.”

Where an adult carer is not able to take sufficient breaks, a responsible local authority must identify the need for support to enable the adult carer to take sufficient breaks.”



Understanding Carers Rights

What we do in Aberdeen City

Eligibility Criteria - Under the Carers (Scotland) Act 2016, Health and Social Care Partnerships must publish rules (Eligibility Criteria) that explain when carers can get funded support. We are committed to ensuring all adult carers receive support. This support may not always be a funded service. Sometimes, it could be guidance or signposting to existing community services or other organisations.

Waiving of Charges Policy Carers should never be charged for the support they receive. However, the person they care for might have to pay for their support. That's why it's important to check who the support is for - the carer or the cared-for person - before deciding if there is a charge. This is especially important when arranging replacement care.

Short Breaks Statement - Section 25 of the Carers Act and amendments with Right to Breaks from Care Reform (Scotland) Act says we must think carefully about whether the support we give to carers should include a break from caring. It also says we should aim to make these breaks planned rather than last-minute. This is also being supported and increased from the Care Reform (Scotland) Act 2025 for right to breaks legislation.

Adult Carers Support Plans – Completed by Commissioned Carers Service, Quarriers and support from Local Authority, each Carer can have a support plan in place to achieve their own personal outcomes, as well as emergency planning. These are to be completed alongside the Carer in a timely manner.

Young Carers Statements – Completed by commissioned Carers Service, Barnardos – young carers statements are offered after discussions with family and young carer. This is like the ACSP, looking at outcomes for the young carer, streamlined allowing Young Carers to receive support quickly.

Time to Live Funding – Commissioned carers organisations/ centres can apply to Shared Care Scotland for Time to Live funding. Quarriers have been successful in applications, developing and delivering micro grant schemes for Carers of adults (aged 21+) and young carers. These grants enable Carers to access funds and support for them to take short breaks.

All of our Carers Rights information can be found on our website at [Our Carers Strategy page here](#)



WHAT IS A YOUNG CARERS STATEMENT?

Information for Young Carers



Carers Reference Group

Established in September 2023 and a key achievement from the previous strategy, the Carers Reference Group is a flexible and accessible forum for unpaid carers in Aberdeen City. We know carers have limited time, so we offer evening and weekend meetings, both in-person and online, with digital options to suit individual needs.

Purpose: to contribute to the improvement of services and supports for all people who provide unpaid care to anyone in Aberdeen City.

Why it matters: Provides lived experience input into service development and strategy actions. Strengthens understanding within the Health and Social Care Partnership. Supports representatives on the Integration Joint Board.

What the group does: Shares experiences and attends co-production sessions. Engages with partner services to identify available supports. Contributes to every aspect of the Carers Strategy, including:

- Improving engagement and communication.
- Shaping carer support plans and rights.
- Mapping resources and services.
- Suggesting ways to modernise service delivery.

The group has agreed on what its role, expectations, and purpose should be:

- **Share experiences** – both positive and negative – of existing support services.
- **Exchange knowledge and skills** related to caring, while respecting privacy and confidentiality.
- **Work closely** with representatives from Aberdeen Health and Social Care Partnership and Carers Strategy Improvement Group.
- **Ensure carers' voices are heard** at a level that influences decision-making.
- **Invite guest speakers** from useful areas such as financial inclusion or care management.
- **Share learning** from these sessions with other carers.
- **Highlight training and development opportunities** relevant to members.
- **Raise awareness** of the Carers Strategy 2023–2026 (understanding it is helpful but not required).
- **Provide feedback** on the Carers Strategy, especially during review periods.
- **Welcome new members** to grow and diversify the group.



Would you be interested to join? Scan the QR Code or Contact the email below for more information

ACHSCPEngagement@aberdeencity.gov.uk



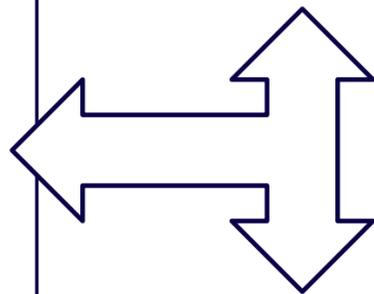
Priority 1



What we will do

Improve communications with Carers. Focusing on level of choice, decisions, managed expectations and the way a carers plan is communicated.

Increasing networks and Carer involvement to enhance collaboration and information sharing and putting in place a structured plan for next steps in service development.



How we know we are achieving our Priority

Increased numbers of Carers supported, showing awareness of rights and supports available to them

Carers are clear on expectations of services and what is available.

Our collective community expands, carers recognise additional support across Aberdeen

Increased number of Carers coming forward and receiving support before crisis point.

More events and awareness sharing opportunities across the city.

1 We work together - carers, services and partners to make carers feel included, provide clear information, and empower them to use their rights and access the support they need.



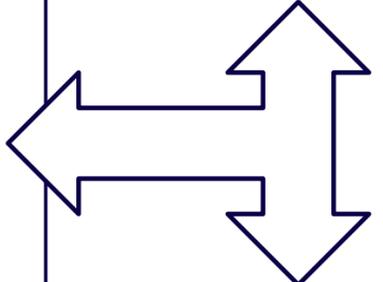
Priority 2

2 Our collective Community are creative and innovative with our finance and resources to maximise support to Carers.



What we will do

Work with Carers to review funding, services and resources for Carers support, gaining clearer insight to overall impact and value.



Implement key stages of new legislation supporting Carers understanding of rights e.g. Right to Breaks, through innovative and creative solutions.

How we know we are achieving our Priority

Mapped resources, services and funding.

Resources and services reviewed, avoiding duplication and wastage

Locally we set what new legislation means and how we will implement it.

Carers are informed and included, understanding impacts and benefits fully.

Increase in people receiving creative support.

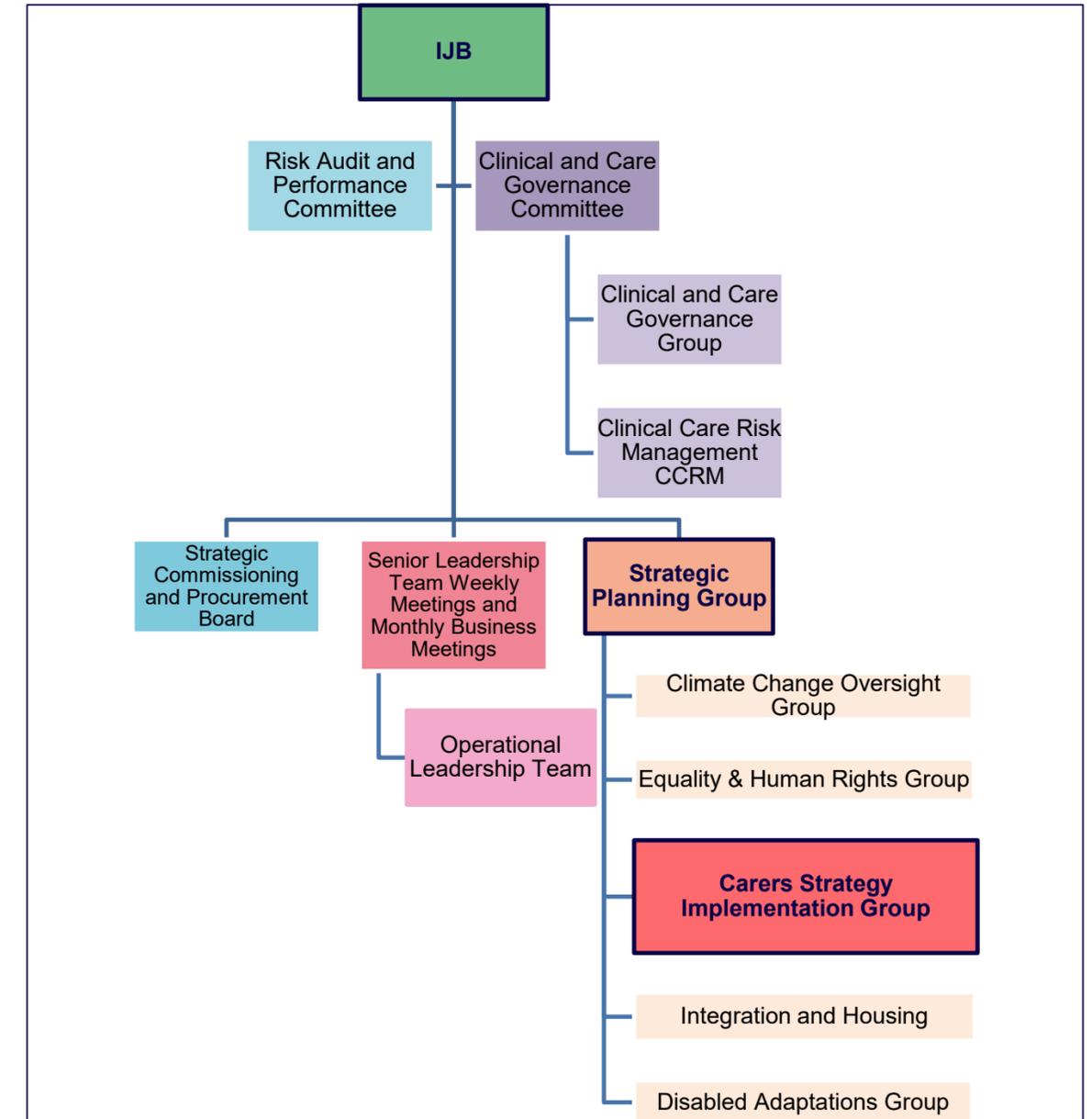
Performance and Reporting

Action Plan Development

The Carers Strategy Implementation Group and Carers Reference group will develop a staged delivery plan upon the launch of the Carers Strategy covering actions for the duration of the 2026-2030 and beyond, linking with the Priorities and Programmes of work as set out throughout this strategy. We will ensure our key performance indicators are relevant and are able to show progress and delivery of the overall strategy.

Key Performance Indicators

National Indicators	Source
Percentage Number of Carers who feel supported to continue in their caring role and other Carer experience measures	Health and Care Experience Survey
Local Indicators	Source
Number of Carers supported with Carers Services (Adult and Young Carers)	Carers Strategy Annual Reporting
Number of Adult Carer Support Plans and Young Carers Statements completed	Carers Census and Carers Strategy Annual Reports
Number of Carers receiving SDS options and care packages	Adult and Children's Social Work
Qualitative information on creative breaks and carers support outcomes.	Carers Services and Partners
Budget for Carers support provision.	Aberdeen City Health and Social Care Partnership
Increased annual local survey response	Local Carer Survey Responses included in Annual Reporting
Increased membership Carers Strategy Implementation Group and Carers Reference Group	Carers Strategy Annual Reporting

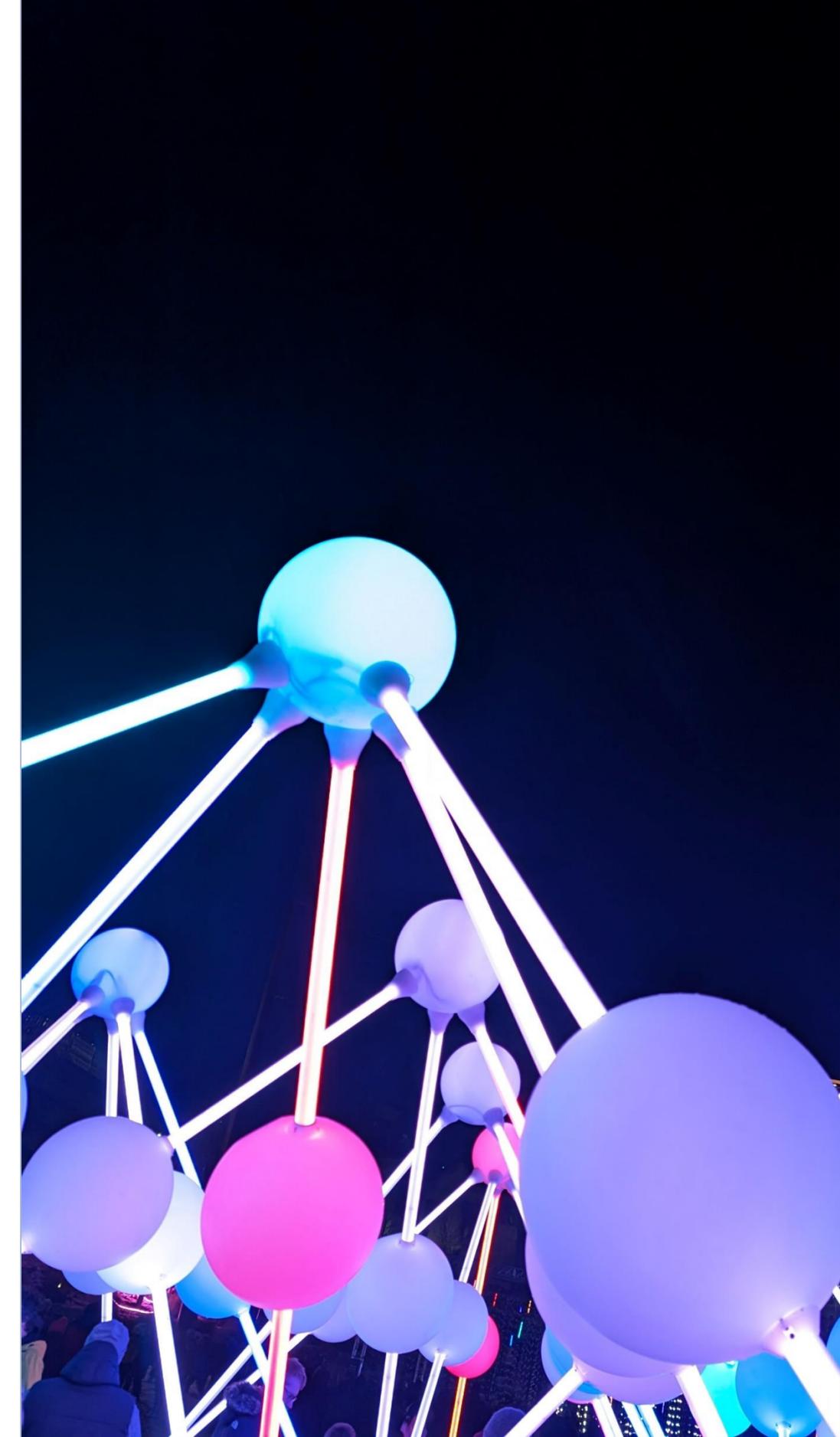


Above is the Aberdeen Health and Social Care Partnerships governance structure, the Carers Strategy is a statutory obligation of the partnership, and is responsible to the Integration Joint Board (IJB). The Carers Strategy Implementation Group report to the Strategic Planning group with progress at each meeting (quarterly) and a progress report is taken to the IJB annually. The Strategic Planning Group also directly reports to the Aberdeen City Strategy Board for oversight and connection to other local strategies.

Training and Support and useful links

Key Areas for Support	Link to page or service
Quarriers (Adult Carers Support Service)	Aberdeen Carers Support Service - Virtual Carers Centre
Barnardos (Young Carers Support Service)	Aberdeen Young Carers Barnardo's
Carer Support Payment	Carer Support Payment - mygov.scot
Carers Benefits	Carers - mygov.scot
Self Directed Support Aberdeen City	Self Directed Support Aberdeen City Council
Advocacy Aberdeen	Home - Advocacy Service Aberdeen Advocacy Service in Aberdeen
AGILE – A Guide for Independent Living and Enablement	AGILE Aberdeen City HSCP
Young Scot	Young Scot – Information and Opportunities for Young People

Key Areas for Training and Development	Link to page or service
Equal Partners in Care (EPiC) – Caring for Unpaid Carers	Equal partners in care (EPiC) - Caring for unpaid carers Turas Learn
Impact of Caring film	https://vimeo.com/827235150
Young Carers film	Young carers film - Turas
ABZ Works	ABZ Landing Page - ABZ WORKS





Aberdeen City
Health & Social Care
Partnership

A caring partnership

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