

10TH ANNIVERSARY

# 50+

# FESTIVAL

Get Out and About

7-16  
SEPT  
2012



ABERDEEN  
CITY COUNCIL

# Welcome to our

10TH ANNIVERSARY

# 50+ FESTIVAL

A Fun Packed Programme for the over 50's

Help us to celebrate the 10th Anniversary in the licensed marquee at Duthie Park. Afternoon tea included.

Enjoy! ARTS, ART EXHIBITION, ANTIQUES, BOAT TRIPS, CHEFS SURGERY, CIRCUS SKILLS, COMPLEMENTARY THERAPIES, CONCERTS, DANCE, DRUMMING, ENTERTAINMENT, FILM FESTIVAL, FOOD, FUN, HORSE AND CARRIAGE RIDES, TALKS AND TOURS.

Wishing you a very 'Happy Anniversary'



Friday 7 September  
Special Festival Guest  
**Twiggy**

'An Afternoon  
with Twiggy'

At The Belmont  
Picture House



Born Lesley Hornby, her father, William Norman, was a master carpenter and shop fitter who worked for M&S among others and her mother, Helen Hornby, worked as a counter girl at Woolworth's store.



# DATES FOR YOUR DIARY

Saturday 8 September

## Intergenerational Day Red Hot Chilli Pipers

Support

### Scott Land Puppeteer Strathspey Fiddlers & Garioch Blend

Fun for all ages in the marquee, Duthie Park

### Red Hot Chilli Pipers

With three highly successful albums already under their belts, the band has just released their fourth entitled 'Music For The Kilted Generation' on REL Records.

The Chillis spent much of 2010 perfecting their phenomenal show with an eleven date sold out tour of Scotland, an 11 week tour of Germany and a seven week jaunt across the USA as well as trips around the globe to Saudi Arabia, Malaysia, most of Europe and India which saw the band cement their reputation as one of the most exciting live acts around!



Red Hot  
Chilli Pipers



Scott Land

### Scott Land

Scott Land Marionettes has had the honor of performing for some of Hollywood's most famous stars including Jennifer Lopez, Steven Spielberg, Rob Reiner and Tom Hanks. [www.ThePuppetMan.com](http://www.ThePuppetMan.com)

### Strathspey Fiddlers

The Strathspey Fiddlers are a performing group of talented young instrumentalists, dancers and singers from across Moray and West Aberdeenshire



Strathspey Fiddlers



Wednesday 29 August

# 10th Anniversary Launch & Fashion Evening

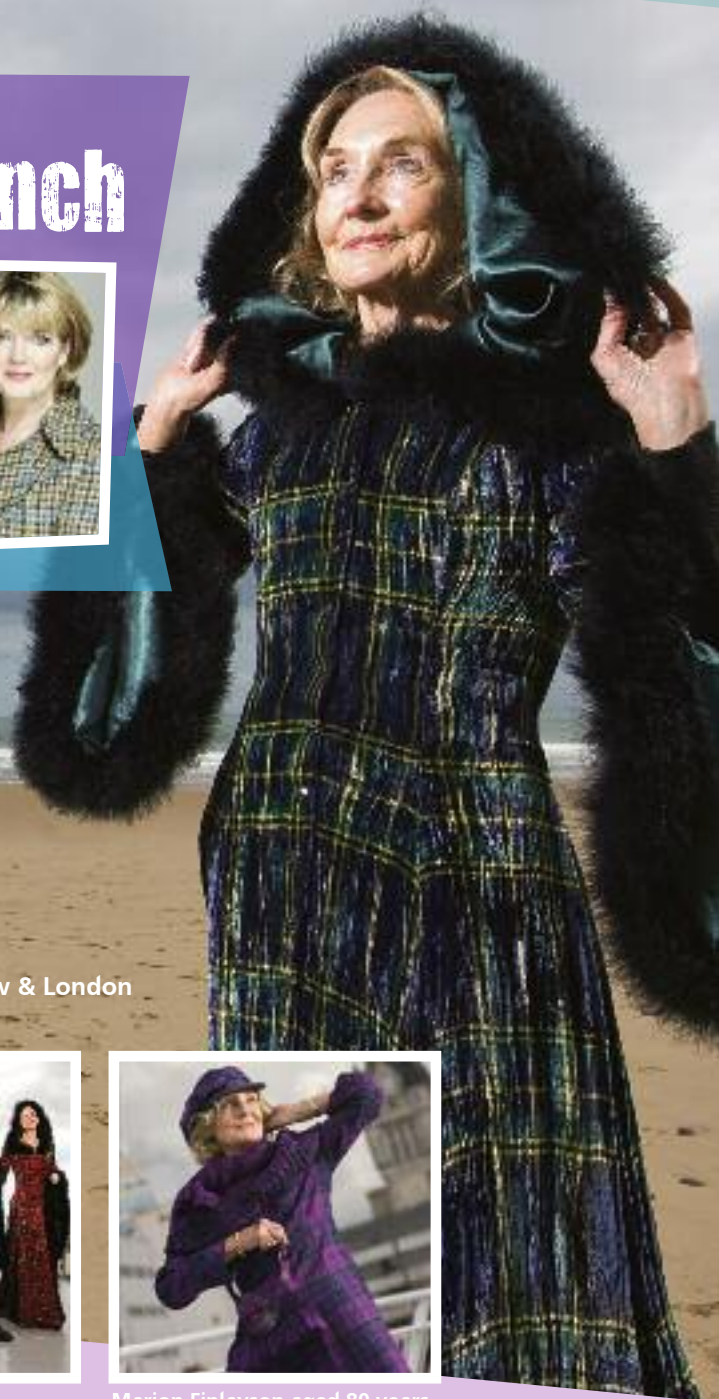
Hosted by Fiona Kennedy

Marcliffe, Pitfodols

Tickets: £10 (refreshments included)

Aberdeen Box Office 01224 641122

Fiona  
Kennedy



Clothes provided by designer Joyce Young 'BY STORM' Glasgow & London  
Location North Link Ferries, Aberdeen Harbour



Marion Finlayson aged 80 years

Wednesday 12 September

# 10th Anniversary Concert Jamie MacDougall and Friends

Tenor and BBC radio presenter Jamie MacDougall is delighted to host a gala evening of entertainment.

Mezzo-soprano Cheryl Forbes, Scottish folk legend Alastair McDonald and a 20-piece orchestra conducted by Music Director Gordon Cree will join Jamie for the Concert.

Music Hall

Tickets: £15, concession £10, child £5

Aberdeen Box Office 01224 641222



Jamie MacDougall



Alastair McDonald



Cheryl Forbes



Gordon Cree



Friday 7 - Saturday 15 September

## Classic Film Festival

Aberdeen City Council in association with B4Films and The Belmont Picturehouse present The Classic Film Festival. Staged over four days the inaugural film festival will feature three classic films and one film starring a host of classic actors. The festival kicks off with Ken Russell's 1971 picture, **The Boyfriend**, starring Twiggy, Christopher Gable and Tommy Tune. Twiggy won two Golden Globes for her performance in the film. Best Actress and New Female Star of the Year.



### The Boyfriend & Twiggy documentary

The feature will be preceded by 'The Worlds First Supermodel', a documentary about the life and times of Twiggy. Twiggy will then do a question and answer session with award winning film producer Jim Brown from B4films before introducing The Boyfriend.

Friday 7 September

14.00 - 14.50

**Twiggy Documentary**

Friday 7 September

14.50 - 15.30

**An audience  
with Twiggy**

Friday 7 September

15.50 - 17.55

**The Boyfriend**



Tuesday 11 September

### Local Hero

The film that put Pennan on the map, **Local Hero** is the second of our classics. Bill Forsyth's 1983 film starring Burt Lancaster, Peter Riegert, Denis Lawson, Peter Capaldi, Jennifer Black and Fulton MacKay was shot in some of the most picturesque locations in Scotland. Morar, Loch Eilt, Banff and of course Pennan were all used to create the mythical town of Ferness. How were the locations chosen and how did the west and east coasts become one? All will be revealed.

**14.00 - 16.00** Q&A session after the screening with one of the production team from the movie.



**B4films** is an independent film and television production company based in Aberdeen. Led by award winning producer Jim Brown, B4films is one of the UK's most original and innovative production companies. They specialise in creating and producing popular original formats and features for domestic and international distribution. B4films is currently in pre-production with the much publicised feature film 'Between Weathers'.

[www.b4films.com](http://www.b4films.com)



**Thursday 13 September**  
14.00 – 16.30

## **The Best Exotic Marigold Hotel**

Judi Dench, Celia Imrie, Bill Nighy, Maggie Smith and Tom Wilkinson star in the third of our films, the 2012 John Madden film, *The Best Exotic Marigold Hotel*. The film follows a group of pensioners who move to a retirement hotel in India run by star of *Slumdog Millionaire*, Dev Patel.

**Saturday 15 September**  
13.30 - 14.30

## **Summer Holiday**

The festival will close with the British musical *Summer Holiday*. Celebrating its 50th anniversary the film starred Cliff Richard, Una Stubbs, Melvyn Hayes, Ron Moody and The Shadows. The film will be introduced by one of the stars of the film who will also take part in a question and answer session and reveal some really interesting facts about this classic.

Q&A session **Saturday 15 September**

14.30 - 16.30

Screening of *Sing-a-Long Summer Holiday*

**Tickets: £4**

The Belmont Picture House,  
To book your movie contact:

**0871 902 5721**

[www.picturehouses.co.uk](http://www.picturehouses.co.uk)



Friday 7 September – Saturday 6 October

## **Aberdeen in the 1970s**

Throughout the period of the Festival, The Local Studies Team would like to hear from anyone with particular memories of life in the seventies.

Monday and Wednesday

09.00 – 20.00

Tuesday, Thursday, Friday, Saturday

09.00 – 17.00

Contact: 01224 652512

Email:

localstudieslibrary@aberdeencity.gov.uk

## **Friday 7 September Digital Books**

### **'Taster' Sessions**

'Who Else Writes Like?' and 'Fantastic Fiction' for further enjoyable reading! Want to learn a language? Check out 'Tell Me More' too!

Free: booking essential.

Contact:

Airyhall Library- 01224 310536

Culter Library- 01224 732587

Dyce Library- 01224 723015

## **Friday 7 September Intergenerational Computer 'Taster' Sessions**

Young people from Bucksburn Academy will be the tutors for these introductory sessions on the internet, e-mail, Microsoft Word and Excel.

Free: booking essential.

Contact: Bucksburn Library for dates and times 01224 710830

Friday 7 & Saturday 8 September  
10.00 - 12.30 & 13.30-16.00

## **Harris Tweed workshop**

**with Linsay MacDonald**

Two day workshop based within the Maritime Museum Education Suite.

Design and create a textile piece from Harris Tweed. Templates to create either a brooch or corsage, a purse, a sample for a cushion or sampler which can be framed.

Opportunity to learn embroidery, appliqué and other stitch techniques which can be applied to the surface of the Tweed.

Cost: £20 City resident.

£60 Non City resident

Limited places. To book contact:

Arts Development Team 01224

814740

ArtsDevelopment@aberdeencity.gov.uk





# DATES FOR YOUR DIARY-

## SEPTEMBER

- Fri 7,11, 13,15 **Launch of Film Festival – ‘An Afternoon with Twiggy’**
- Fri 7 **‘Aberdeen in the 1970’s’**
- Fri 7 **What’s the LOWDOWN on Downloads?**
- Fri 7 **Intergenerational Computing**
- Fri 7 & Sat 8 **Textiles workshop using Harris Tweed**
- Sat 8 **Intergenerational Day, Duthie Park**
- Sat 8 **The Library in the Park, Duthie Park**
- Sat 8 **Talk by Royal Horticultural Society of Aberdeen – Winter Gardens, Duthie Park**
- Sat 8 **The Travelling Gallery - Duthie Park**
- Sat 8 **Complementary Therapies, Sitar player Tabla Drum, Duthie Park**
- Sat 8 **MOD0 - Circus workshops for all the family Duthie Park**
- Sat 8 **Sing-a-Long a Sound of Music with Castlegate Seniors, Duthie Park**
- Sat 8 **Dance with Diane Davis-Bailey, Winter Gardens**
- Sat 8 **Animal Man, Mini Petting Zoo- Duthie Park**
- Sat 8 **Kilt Kickers, dance, Zumba Duthie Park**
- Sun 9 **Walking Tour – Aberdeen’s Lost Cinemas**
- Sun 9 & 16 **Jazz and lunch at Carmelite Bar & Grill**
- Sun 9 & 14 **Mixed racquet sports**
- Sun 9 & 16 **Friskis Svettis - Swedish exercise & dance**
- Mon 10 **Brave New World - Talk by Rosie O’Hara**
- Mon 10 **War & Peace - Talk by Rosie O’Hara**
- Mon 10 **Textile Techniques, Ruthrieston Community Centre**
- Mon 10 **Exercise with Fiona Murray & Sheila Martin Cowdray Hall**
- Mon 10 **Badminton**
- Mon 10,11,12 &13 **TechnoGym - Easy Gym drop-in sessions**
- Mon 10,12,13 **Tai Chi sessions - Cowdray Hall**
- Mon 10 **Going to the Pictures - Talk by Councillor Barney Crocket**
- Mon 10 **Health and Disease in Medieval Aberdeen - Talk by Dr Chris Croly**
- Mon 10 **Food & Science Demo- light-hearted cooking the scientist and the chef**

- Tues 11 **Capturing oor North East Heritage on Film. Talk by Dr Don Carney**
- Tues 11 **Div Ye Min? Talk by Councillor Neil Cooney**
- Tues 11 **Aberdeen in the 1950’s Talk by Councillor Neil Cooney**
- Tues 11 **History of Photography Illustrated talk by John Shewell**
- Tues 11 **Short Mat Bowling. Cairncry Community Centre**
- Tues 11 **Book Binding Rosemount Community Centre**
- Tues 11 **Chefs Surgery - Ask the chef**
- Tues 11 **Fitness Studio**
- Tues 11 **Rhythms with drums and percussion**
- Tues 11, 13 **Badminton and Table Tennis**
- Tues 11, 12, 13 **Recreating Master’s with artist Kelly-Anne Cairns**
- Tues 11 & Wed 13 **Boat Trip on the Lady Gail 2 - Wildlife & Dunnottar Castle from the sea**
- Wed 12 **10th Anniversary Concert Music Hall with Jamie MacDougall and Friends**
- Wed 12 **Candle Making - Bridge of Don Community Centre**
- Wed 12 **Silver City Surfers & Aberdeen Older People’s Advisory Group at The Citadel**
- Wed 12 **Lunch with the Kilted Chef at Cocoa Bar & Bistro**
- Wed 12, 13, 14 **Japanese Woodblock Printing with artist Paul Furneaux**
- Wed 12 & 19 **Intergenerational Computing with pupils from Bucksburn Academy**
- Thurs 13 **Tour of the Tolbooth by Dr Chris Croly**
- Thurs 13, 20, 27 **Write your memoirs or autobiography led by Bill Kirton, Writer**
- Thurs 13 **Felt Making – Dyce Community Centre**
- Thurs 14 **Soap Making - Balnagask Community Centre**
- Fri 14 **Festival Tea Dance – Beach Ballroom**
- Sun 16 **Cooking Demo - Festive Hints and Tips with The Kilted Chef**
- Sun 16 **Valuation Day - Antiques at the Arches**

## OCTOBER

- Wed 3 **Festival Participants Art Exhibition Aberdeen Arts Centre**

**Saturday 8 September**

12.00 – 17.00

**10th Anniversary 50+ Festival Celebration**

# Intergenerational Day in Duthie Park

**A day for all the family**

**Dancing in the floored  
marquee to:**

**Red Hot Chilli Pipers**

**Strathspey Fiddlers**

**Garioch Blend**

**Scott Land puppet show**

Marquee event is by ticket only -  
13.30-16.15



Tickets: £15 Adults, £10 concession, £5 Child,  
£36 Family ticket (Tea/coffee sandwiches included)  
Licensed bar available.

Booking essential - Aberdeen Box Office 01224 641122.

## **WINTER GARDENS**

12.00 -12.45 - Free – RHSA talk on plants by Terry Stott

12.45 -13.15 - Free - Diane Davis-Bailey Confidence  
Coach & dancer

13.20 -14.10 - Free - Scott Land Puppeteer. Free

14.30 -17.50 - Complementary Therapies - £5

Aberdeen Box Office 01224 641122

## **IN THE PARK**

12.00 - 12.45 Bandstand – Aberdeen Academy Jazz Band

12.50 - 13.30 Pipes & Drums of the Gordon Highlanders

13.10 - Lord Provost's Arrival and Civic Welcome

Free Ponyrides

Free Horse and Carriage rides

Sing-a-Long with Castlegate Seniors

Vintage cars provided by Robert Duncan

Aberdeen Kilt Kickers demo

Aberdeen Academy Jazz Band

Intergenerational Zumba for children and adults

Free Mini petting Zoo for children and adults

Free Circus skills for children and adults

Library in the Park

Silver City Surfers

Kittybrewster School Disco

Travelling Art Gallery

Childrens inflatables and stalls

Catering by Harry Fraser



## **Free Tours of David Welch Winter Gardens & Duthie Park**

TOUR 1

**Saturday 8 September 12.15 and 14.30**

**David Welch Winter Gardens**

Learn more about plants and artefacts within the  
Winter Gardens.

TOUR 2

**Saturday 8 September 13.30 and 15.30**

**Duthie Park Tours**

Hear about the history of the park and the restoration  
Project.

Both tours will last about 45mins. Tours start front entrance of David Welch Winter Gardens. Booking essential!

Aberdeen Box Office 01224 641122



**Saturday 8 September**

12.00-17.00 Duthie Park

## **Animal Man's Mini Zoo**

Come along to Animal Man's Mini Zoo for a fun packed animal handling experience! We will be bringing along loads of exotic reptiles, spiders, snakes and bugs, including one of the biggest spiders in the world. Come along and touch and hold all our exciting animals and have a chance to hear some cool stories and facts. There will be regular 10 minute talks about some of the animals so be sure to stop by to hear unusual facts and special stories about them.

12.00 - Fluffy animals

13.00 - 6ft Boa Constrictor

14.00 - 4ft Iguana & Chinese Water Dragon

15.00 - Tortoise, Frog and Toad.

16.00 - Tarantula's and Scorpions

Free

[www.minizoo.org.uk](http://www.minizoo.org.uk).

**Tickets: £5 booking essential.**

**Aberdeen Box Office 01224 641122**

**Please note:** The treatments are not suitable if you have or have had a stroke, thrombosis, phlebitis, cellulitis, aneurism, heart conditions or any undiagnosed medical illness.

For more info contact: Melanie Wright Bell, The Complementary Therapy School - 01241 856 948

[www.thects.co.uk](http://www.thects.co.uk)

**Saturday 8 September**

14.30, 15.10, 15.50, 16.30, 17.10 & 17.50

Duthie Park Winter Gardens

## **Indian Head Massage and Hand or Foot Reflexology.**

With music from Paul Wright on Sitar and Vinesh Chandra on Tabla Drums. Soothe away stresses and strains with a relaxing treatment. Enjoy the beneficial effects of reflexology and Indian head massage whilst listening to the tranquil notes of the Sitar and the hypnotic sound of the Tabla Drums. The treatments are with fully qualified therapists, trained to an exceptional standard.





**Sunday 9 September**  
14.00

## **Walking Tour of Aberdeen's Lost Cinemas**

This tour takes you on a journey into cinematic history. Recalling the early days and the high point of the 40s and 50s to the sad decline of our picture palaces to leave us with only four functioning cinemas out of a previous total of around 35. We can't promise to cover them all, but the selection on the walk represents the Union St cluster of the city's picture houses, 'flechy' or otherwise!

Meeting point - outside the site of the old Regent/Odeon Picture House, Justice Mill Lane one of Aberdeen's many silver screens from the age of cinema.

Tickets £4 booking essential, Aberdeen Box Office 01224 641122 (Duration approximately 2 hours)

**Sunday 9 September**  
10.00-12.00

**Friday 14 September**  
14.00-16.00

## **Mixed Racquet Sports 'Taster' Sessions**

Badinton, Table Tennis and Racquet Ball.

Free

Sheddocksley Sport Centre  
Springhill Road, Mastrick

Please contact reception to book your place - 01224 692534

**Sunday 9 & 16 September**  
12.00-14.00


## **The Marisha Addison Quintet- Jazz Lunch**

Carmelite Bar & Grill

In the heart of the Aberdeen's Merchant Quarter (opposite Union Square), Carmelite are pleased to host the Marisha Addison Quintet to celebrate Aberdeen's 10th Anniversary 50+ Festival.

Reserve your 2 course Roast Beef Sunday Lunch between 12.00 and 13.30 for £12.50, and get the second person half price. Pre-bookings are necessary please quote 50+Festival.

For more information or to book please call Elaine Beyaz - 01224 589101  
[www.carmelitehotels.com](http://www.carmelitehotels.com)



Marisha Addison

**Monday 10 September**  
11.00 - 13.00

## **Badminton 'Taster' Session**

Give Badminton a try at Jesmond Sport Centre in Bridge of Don. Jesmond Sport Centre  
Jesmond Drive  
Free

Please call reception to book your place on 01224 707090



**Sunday 9 & 16 September**

13.30 - 16.30

## **Friskis Svettis**

Various forms of Swedish Exercise including dance.

Cairncry Community Centre,  
Foresterhill Road

Please contact Gunilla for more information on 01224 319377

**Monday 10 September**

## **"Keep Active in Your Golden Years"**

10.00 - 10.40 Gentle Exercise

10.50 - 11.25 Line Dancing

11.30 - 12.00 Seated Exercise

Classes delivered by the 50+ Festival tutors Fiona Murray & Sheila Martin Cowdray Hall.

Free.

**10 September**

## **TechnoGym**

The equipment will be available to use at the Beach Ballroom on the following dates:

Monday 10 September

14.00 - 16.00

Tuesday 11 September

13.00 - 16.00

Wednesday 12 September

14.00 - 16.00

Thursday 13 September

10.00 - 13.00

Physical activity is well evidenced to prevent illness and promote health.

The TechnoGym Easy Line equipment is specifically designed for those not used to using gym equipment. There are no heavy, 'clunky' weights and the hydraulic mechanism allows you to work at your own pace.

Aberdeen City Council has purchased the equipment to benefit the older population in the following ways:

- Encourage the older population to enjoy physical activity.
- Challenge stigma/attitudes towards active ageing.
- Encourage community engagement.
- Decrease fall rates

For more information, please contact 01224 523122.



**Monday 10 September**

14.00-16.00

## **Textile Techniques 'Taster' Sessions**

With Artist Linsay MacDonald Linsay will guide you through a range of sewing techniques in this two hour taster session. There will be materials available and the opportunity to create small samplers. There will be demonstrations from a group of lace makers with a chance to try out this art form and find out more about the group.

**Free** – Contact Arts Development to book your place **01224 814740**  
Email:

ArtsDevelopment@aberdeencity.gov.uk

**Monday 10 - Thursday 13  
September**

## **4 days of Lunch & Sing-a- Longs**

Monday 10 with the Scottish Accordion Music Group. Followed by Sounds Familiar on 11,12,13. Northern Light's, Beach Ballroom  
Tickets: £7 (includes soup and sandwich)

**Booking essential.**  
**Aberdeen Box Office**  
**01224 641122**

**Monday 10 & Tuesday 11 September**

# **TALKS IN THE TOWN HOUSE**

**Two days of talks will take place (Courtesy of the Lord Provost) in the Town & County Hall, Town House**

**Monday 10 September**

10.30 - 11.15

## **First of two talks by Rosie O'Hara Brave New World**

**Retired and brain not tired - how can you be in charge of your destiny at 50+?**

Trust me on this. As I'm heading rapidly for a bus pass in about 20 days time - I am in charge, well most days. How to get back driving your own bus on those days, when everyone else is driving you mad. Using the art and science of NLP (Neuro-linguistic Programming)

**Monday 10 September**

11.30 - 12.30

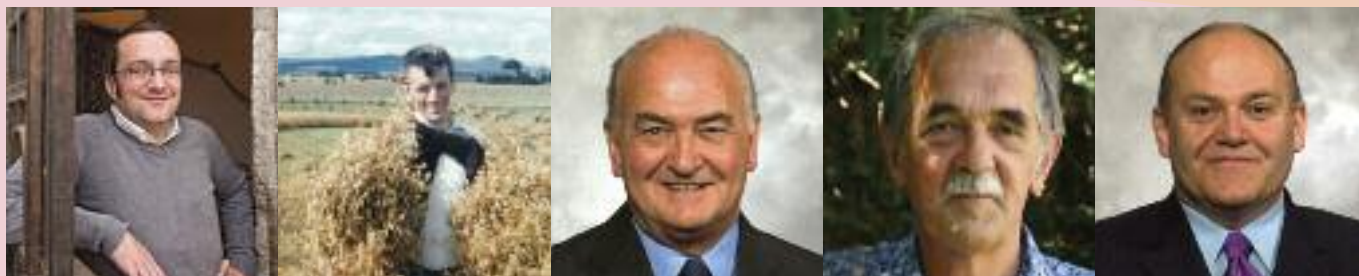
## **War & Peace - Rosie O'Hara**

It ain't what you say it's the way that you say it. There are statistics that show that the baby boomers communicate better with teenagers than anyone else. What are you doing about that? How to get your point across using the art and science of NLP (Neuro-linguistic Programming)



Rosie O'Hara





**Monday 10 September**  
13.30 - 14.15

### **Going to the Pictures**

Aberdeen cinemas in the golden years. A talk by Councillor Barney Crocket, Leader of Aberdeen City Council.

**Monday 10 September**  
14.30 - 15.30

### **Health and Disease in Medieval Aberdeen**

An illustrated talk by Dr Chris Croly. Chris is a historian with Aberdeen Art Gallery and Museums examining aspects of health and medical care in the medieval town.

**Tuesday 11 September**  
11.00 - 12.00

### **Capturing oor North East Heritage on Film**

Dr Don Carney has been filming for twenty two years, the culture of the North East, because he was proud of what oor ancestors have done for us. Their contribution should be captured for others to enjoy. His six DVD titles, all featuring the Doric dialect and promoting the culture of the North East enjoy world distribution. Come and hear how this innovatory film maker has achieved this.

**Tuesday 11 September**  
13.00 - 13.45

### **Div Ye Min?**

Down memory lane with characters' shops and games of old. A talk by Councillor Neil Cooney

**Tuesday 11 September**  
14.00 - 14.45

### **Aberdeen in the Fifties**

Councillor Neil Cooney gives a talk on such as the Coopie, Collies, favourite radio and TV programmes, sporting events and local events.

**Tuesday 11 September**  
15.00 - 16.30

### **History of Photography**

An illustrated talk by John Shewell on how cameras and photography have advanced over the years, right up to the digital age.

**Please note:** The Town House restaurant on the 1st floor is available between 12.00- 13.30 each day to purchase teas/coffees etc.



**Monday 10,  
Wednesday 12 &  
Thursday 13 September  
Tai Chi 'Taster'  
Sessions**

**Monday 10 -  
13.00-14.00 & 14.00-15.00**  
**Wednesday 12 -  
10.00-11.00 & 11.00-12.00**  
**Thursday 13 -  
13.00-14.00 & 14.00-15.00**

Improve your health and raise your spirit. An introduction to a form of exercise and personal development that both promotes health and relieves stress. People of all ages and all levels of fitness can benefit from this ancient art and enjoy learning the form that can be an effective aerobic exercise.  
Free – Cowdray Hall

**Monday 10 September 12.00  
Food & Science Demo**

Chef Craig Wilson and his wife Dr Lindsay Wilson (Scientist) take a playful look at cooking and with a scientific explanation. Glass of fizz and a light lunch included.  
Cocoa Bar Bistro, Market Street  
Tickets: £15 from Aberdeen Box Office  
[www.cocoa-aberdeen.co.uk](http://www.cocoa-aberdeen.co.uk)

**Tuesday 11 September  
10.00-12.00 & 13.30-16.00  
Short Mat Bowling  
'Taster' Session**

Free tuition and light lunch.  
Cairncry Community Centre  
Foresterhill Road  
To book your place contact centre on 01224 698920

**Tuesday 11 September  
14.00-16.00  
Book Binding  
'Taster' Session**

Local Printmaking artist, Michael Waight, will cover the basic principles of this art. Including a unique form of booklet that needs no sewing or gluing, a piece of art in its own right. A great way to make pamphlet books!  
Rosemount Community Centre  
Free- Contact Arts Development on 01224 814740

**Tuesday 11 September  
10.30  
Chef's Surgery**

Ask the Kilted Chef any food related dilemmas.  
Your morning will soon taste better with sticky toffee pudding, cupcakes, black pudding scones and coffee. A real foodie treat: included in ticket price  
Cocoa Bar Bistro, Market Street  
Tickets: £5 Aberdeen Box Office  
01224 641122  
[www.cocoa-aberdeen.co.uk](http://www.cocoa-aberdeen.co.uk)



**Tuesday 11 September**  
**Rhythms with Drums and Percussion**

Join David Imevbore in an interesting and fun session of building and creating rhythms with drums and percussion from different parts of the world. No prior musical ability is necessary. Aberdeen Arts Centre  
Free - booking essential Aberdeen Box Office 01224 641122

**Tuesday 11 September**  
14.00-16.00

**Free Supervised Fitness Studio Session**

Try out the fitness studio at the Jesmond Sport Centre and have the expertise of a qualified instructor to assist you throughout the session. Jesmond Sport Centre  
Jesmond Drive  
To book your place please contact 01224 707090



**Tuesday 11, Wednesday 12 & Thursday 13 September**  
10.00-12.30 & 13.30-16.00

**Recreating Master's**

Based within the Art Gallery and using the wider Gallery environment as inspiration, esteemed local artist Kelly-Anne Cairns will guide participants to explore 6 pre-selected paintings from the permanent collection.

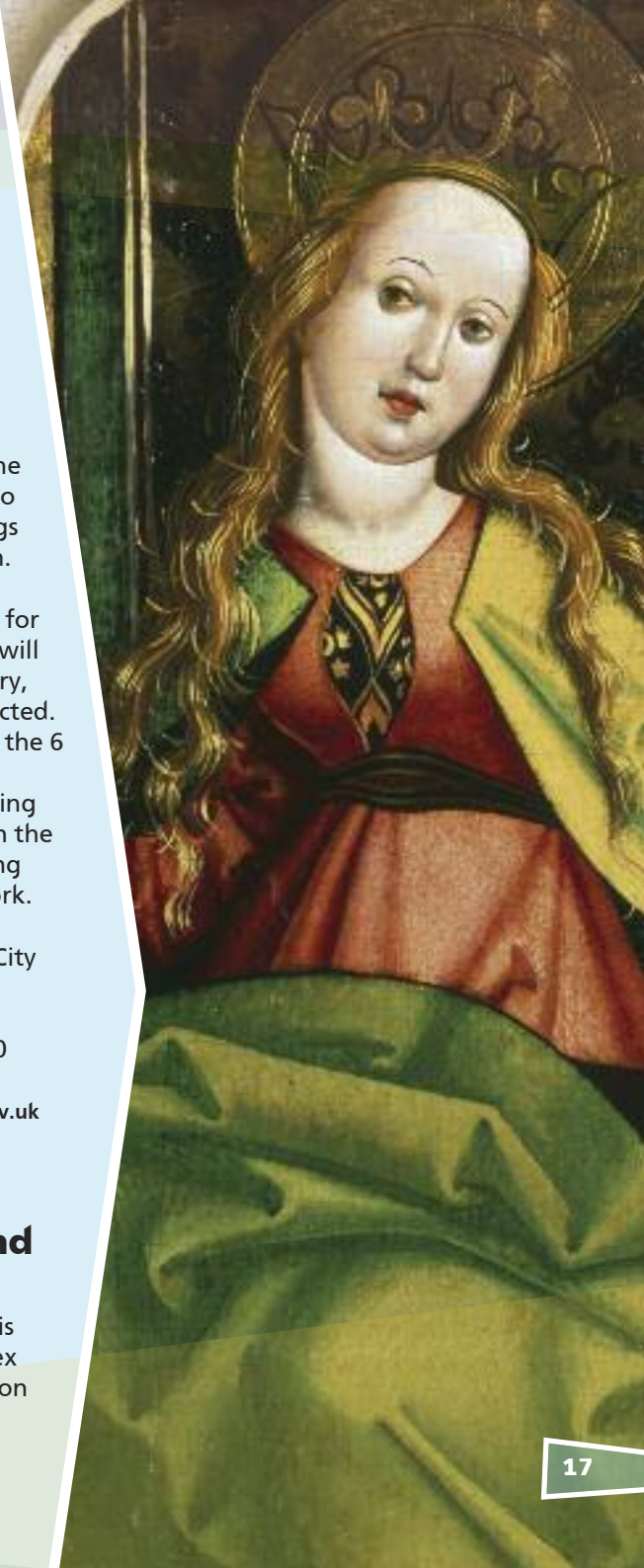
Fiona Mair (Learning Manager for the Art Gallery and Museums) will give a guided tour of the gallery, highlighting the paintings selected. Participants will choose one of the 6 paintings to recreate in oil on canvas. This is a new and exciting opportunity to be based within the gallery exhibition space working directly from an original artwork. Limited to 10 places  
Cost: City residents £30 - Non City residents £90

To book please call Arts Development on 01224 814740  
Email: [ArtsDevelopment@aberdeencity.gov.uk](mailto:ArtsDevelopment@aberdeencity.gov.uk)

**Tuesday 11 & Thursday 13 September**  
10.00-12.00

**Free Badminton and Table Tennis**

Try Badminton and table tennis Bucksburn Community Complex  
Please call to book your place on 01224 710840







**Tuesday 11 & Thursday 13  
September 18.00**

### **Free Wildlife trips on the 'Lady Gail 2'**

Donated by Skipper Ruari McLachlan. The Wildlife trip takes you to Fowlsheugh RSPB colony passing by Dunnottar Castle. The cliffs of the Fowlsheugh reserve are packed with breeding seabirds in Spring and Summer such as Guillemots, Razorbills, Kittiwakes, Fulmars, Herring Gulls, Puffins and Shags. You will also see interesting nooks, crannies and caves along this spectacular coastline. Departs 18.00 both days Stonehaven Harbour. Booking essential - to book a place please contact Ruari McLachlan Mobile: 07411010559 [www.castlecharter.co.uk](http://www.castlecharter.co.uk)

**Wednesday 12 September  
12.30**

### **What everyone wants**

3 course lunch, De Uve Prosecco & chocolate dipped strawberries. Cocoa Bar Bistro, Market Street

You will be entered into a free prize draw if you dress to impress & wear a hat.

Tickets: Special Festival price £18  
Booking essential, Aberdeen Box Office 01224 641122  
[www.cocoa-aberdeen.co.uk](http://www.cocoa-aberdeen.co.uk)

**Wednesday 12 September  
14.00-16.00**

### **Candle Making**

Artist Renee Vincent will guide you through the techniques to create your own beautiful candle in this two hour workshop. This will include preparing the wax, adding fragrance, colour and decorative elements to customise the candle, before casting it in a choice of moulds.

Bridge of Don Community Centre, Braehead Way  
Free

To book please call Arts Development on 01224 814740  
Email: [ArtsDevelopment@aberdeencity.gov.uk](mailto:ArtsDevelopment@aberdeencity.gov.uk)



Wednesday 12 September

19.30-22.00

# 10th Anniversary 50+ Festival Concert Jamie MacDougall and Friends

To celebrate the 10th Anniversary of Aberdeen's "Get Oot and Aboot" 50+ Festival, tenor and BBC radio presenter Jamie MacDougall is delighted to host a gala evening of entertainment at the Music Hall

Jamie will be joined on stage by mezzo-soprano Cheryl Forbes and Scottish Folk legend Alastair McDonald, and a 20-piece orchestra conducted by Music Director, Gordon Cree.

The programme will feature a feast of music and song from the world of opera to the hits from the West End shows, as well as a selection of traditional Scots songs given a slightly modern twist. The evening will be interspersed with lots of fun and laughter. A gala evening not to be missed!

Music Hall

Tickets: £15, Concession £10, Child £5

Aberdeen Box Office 01224 641122



Jamie MacDougall



Alastair McDonald



Cheryl Forbes



Gordon Cree



**Wednesday 12 September**  
10.00 - 13.00

## **Basic Computing & light lunch**

Silver City Surfers is a charity that helps the over 55s learn basic computer skills at drop in sessions across Aberdeen. The sessions involve friendly one-to-one learning with volunteers and refreshments. This special session is being held in partnership with Aberdeen's Older Peoples Advisory Group. We can help you to get online, get connected and to have your say about what matters most to you.

**Free please call to book a place by Wednesday 5 September on 07799 371 329 or**  
Email: [silvercitysurfers@gmail.com](mailto:silvercitysurfers@gmail.com)

**Wednesday 12 & 19 September**  
12.00-13.00

## **Intergenerational Computer 'Taster' Sessions**

**Wednesday 12** - Internet and e-mail

**Wednesday 19** - How to use Facebook and Word.

Young people from Bucksburn Academy will be the tutors for these introductory sessions.

Contact Bucksburn Library  
01224 710830

**Wednesday 12, Thursday 13 & Friday 14 September**  
10.00-12.30 and 13.30-16.00

## **Japanese Woodblock Printing with Paul Furneaux**

Paul will highlight some of the skills involved in Japanese woodblock printing. During the course participants will: use Japanese papers designed over decades for this form of printing; employ Japanese tools to cut the blocks; apply the watercolour by specialised Japanese brushes to the cut blocks and print by hand with the aid of a "Baren" (hand printing disc wrapped in a bamboo leaf).

Discover the sheer fun and excitement of this most ancient of print mediums.  
Open to all levels

**Cost: City residents £30, Non City residents £90**

**To book please call Arts Development on 01224 814740**

**Email:**  
[ArtsDevelopment@aberdeencity.gov.uk](mailto:ArtsDevelopment@aberdeencity.gov.uk)



**Thursday 13 September**  
14.30 - 15.30

## **Tolbooth Tour**

Join historian Dr Chris Croly to explore the Tolbooth Museum, the best preserved 17th century gaol in Scotland. Please note there are a number of steep steps.

Tolbooth Museum  
Entrance on Union Street.

**Booking essential.**  
**Aberdeen Box Office on 01224 641122**

**Thursday 13 September**  
14.00-16.00

## **Free-Felt Making**

Renee Vincent will take you through the processes of felt making using both dry needlepoint and wet felting techniques. The finished pieces can be made into jewellery or embellishment for bags, garments or cards. All materials will be provided.

Dyce Community Centre,  
Gordon Terrace

**To book please call Arts  
Development on 01224 814740**

**Email:**  
[ArtsDevelopment@aberdeencity.gov.uk](mailto:ArtsDevelopment@aberdeencity.gov.uk)

**Friday 13, 20, 27 September**  
10.30-12.00

## **Go on, do it – WRITE NOW!**

What's your story, then?  
Learn how best to set out your memoirs or autobiography whether for family or for publication!  
Sessions will be led by Bill Kirton.

Central Library,  
Rosemount Viaduct  
**Free booking essential contact:**  
**01224 652535**  
**Email:** [jsmith@aberdeencity.gov.uk](mailto:jsmith@aberdeencity.gov.uk)

**Thursday 14 September**  
14.00-16.00

## **Soap Making**

Artist Monica Wisniewski will take you through the fun and creative process of making your own soap. The soap base uses amino acids, minerals and vitamins which nourish the skin. Choose your own ingredients to individually customise your soap, including dried flowers and essential oils for fragrance. The finished bar will be autifully wrapped in handmade papers.  
Balnagask Community Centre  
Balnagask Road

**To book please call Arts  
Development on 01224 814740**  
**Email:**  
[ArtsDevelopment@aberdeencity.gov.uk](mailto:ArtsDevelopment@aberdeencity.gov.uk)



**Friday 14 September**

13.30-16.00 (doors open 13.00)

## **Festival Tea Dance**

Dance or sing along to sounds of the Scottish Accordion Music Group at the Beach Ballroom.

Tickets: £5.50 (refreshments included)

Aberdeen Box Office 01224 641122.

**Sunday 16 September**

15.00

## **Cooking Demo – Festive Hints and Tips**

'Get Ready for Christmas Now'!

Cocoa's Bar, 11 Market Street

Tickets: £15 (Festive fizz and canapés included)

Booking essential - Aberdeen Box Office 01224 641122

[www.cocoa-aberdeen.co.uk](http://www.cocoa-aberdeen.co.uk)

[www.eatonthegreen.co.uk](http://www.eatonthegreen.co.uk)

**Sunday 16 September**

12.00 - 16.00

## **Antiques Valuation Day – Antiques at the Arches**

Would you like to know about an antique or piece of jewellery you own? Join us for drinks and nibbles and bring your items along.

Aberdeen Antique Centre,  
The Arches,  
24 South College Street  
Contact: 01224 575075

**Wednesday 3 - Thursday 25 October**

17.00-19.00

## **Exhibition - 50+ Festival participants work**

We shall be showcasing some of the work created at classes during the 50+Festival at an exhibition to be held in the Arts Centre. This will officially open on Wednesday 3rd October from 17.00-19.00.

The Arts Centre is open Tuesday to Saturday for viewing from 10.00 to 16.00. Admission is free but, during the Autumn Carnival (15th -19 Oct) access will be restricted. The exhibition will include oil paintings, Japanese woodblock prints, creative stitchery onto Harris Tweed as well as photographs documenting the classes in progress.

This promises to be an exciting exhibition which displays the wealth of talent amongst our over 50's citizens!

For further information please contact Lindsay Dawson 01224 814728



# Other Festival Activities in Sheltered Housing Units

## Food Demo/Sampling & Sing-a-Long

**'The Kilted Chef'** Craig Wilson of Cocoa, & "Eat on the Green" accompanied by Accordionist John Duncan. The following units will be visited by Craig and John delivering some tasty treats, along with John's wonderful accordion music.

### Thursday 13 September

Charlie Devine Court	12.45 - 14.00
Hamewith	14.15 - 15.15
Seaton House	15.30 - 16.30

### Friday 14 September

Janesfield Manor	12.45 - 14.00
Clifton Court	14.15 - 15.15
Mark Bush Court	15.30 - 16.30

إذا كنت تود الحصول على هذه الوثيقة بأخطأ العريضة أو البريلا أو  
الاشترطة الصوتية المدمجة أو كنت تود ترجمتها إلى لغة أخرى  
فالرجاء الاتصال بنا على الهاتف أدناه.

আপনি যদি এই দলিলাটি ব্রেইলে, বড় ছাপার অক্ষরে বা পোনার  
জন্য সিডি, অথবা দলিলাটি অন্য কোন ভাষায় অনুদিত চাল  
ভাবে অনুগ্রহ করে নীচের টেলিফোন নম্বরে ফোন করে আমাদের  
সাথে যোগাযোগ করুন।

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Aberdeen's 50+ Festival would not be what it is without the overwhelming support of the community.

Wishing you a great 10th Anniversary Festival!

*A. Brodie*

Festival Organiser



**ABERDEEN**  
CITY COUNCIL

