10th Anniversary

50+

Festival

Get Oot and Aboot

7-16 Sept 2012

Aberdeen City Council
Welcome to our 10th Anniversary 50+ Festival

A Fun Packed Programme for the over 50’s

Enjoy! ARTS, ART EXHIBITION, ANTIQUES, BOAT TRIPS, CHEFS SURGERY, CIRCUS SKILLS, COMPLEMENTARY THERAPIES, CONCERTS, DANCE, DRUMMING, ENTERTAINMENT, FILM FESTIVAL, FOOD, FUN, HORSE AND CARRIAGE RIDES, TALKS AND TOURS.

Wishing you a very ‘Happy Anniversary’

Friday 7 September
Special Festival Guest
Twiggy
‘An Afternoon with Twiggy’
At The Belmont Picture House

Born Lesley Hornby, her father, William Norman, was a master carpenter and shop fitter who worked for M&S among others and her mother, Helen Hornby, worked as a counter girl at Woolworth’s store.

Help us to celebrate the 10th Anniversary in the licensed marquee at Duthie Park. Afternoon tea included.
Saturday 8 September
Intergenerational Day
Red Hot Chilli Pipers
Support
Scott Land Puppeteer
Strathspey Fiddlers & Garioch Blend
Fun for all ages in the marquee, Duthie Park

Red Hot Chilli Pipers
With three highly successful albums already under their belts, the band has just released their fourth entitled ‘Music For The Kilted Generation’ on REL Records.

The Chillis spent much of 2010 perfecting their phenomenal show with an eleven date sold out tour of Scotland, an 11 week tour of Germany and a seven week jaunt across the USA as well as trips around the globe to Saudi Arabia, Malaysia, most of Europe and India which saw the band cement their reputation as one of the most exciting live acts around!

Scott Land
Scott Land Marionettes has had the honor of performing for some of Hollywood’s most famous stars including Jennifer Lopez, Steven Spielberg, Rob Reiner and Tom Hanks. www.ThePuppetMan.com

Strathspey Fiddlers
The Strathspey Fiddlers are a performing group of talented young instrumentalists, dancers and singers from across Moray and West Aberdeenshire.
Wednesday 29 August

10th Anniversary Launch & Fashion Evening

Hosted by Fiona Kenedy

Marcliffe, Pitfodels
Tickets: £10 (refreshments included)
Aberdeen Box Office 01224 641122

Clothes provided by designer Joyce Young ‘BY STORM’ Glasgow & London
Location  North Link Ferries, Aberdeen Harbour

Marion Finlayson aged 80 years
Wednesday 12 September

10th Anniversary Concert
Jamie MacDougall and Friends

Tenor and BBC radio presenter Jamie MacDougall is delighted to host a gala evening of entertainment. Mezzo-soprano Cheryl Forbes, Scottish folk legend Alastair McDonald and a 20-piece orchestra conducted by Music Director Gordon Cree will join Jamie for the Concert. Music Hall

Tickets: £15, concession £10, child £5
Aberdeen Box Office 01224 641222
Friday 7 - Saturday 15 September

Classic Film Festival

Aberdeen City Council in association with B4Films and The Belmont Picturehouse present The Classic Film Festival. Staged over four days the inaugural film festival will feature three classic films and one film starring a host of classic actors. The festival kicks off with Ken Russell’s 1971 picture, The Boyfriend, starring Twiggy, Christopher Gable and Tommy Tune. Twiggy won two Golden Globes for her performance in the film. Best Actress and New Female Star of the Year.

The Boyfriend & Twiggy documentary
The feature will be preceded by ‘The Worlds First Supermodel’, a documentary about the life and times of Twiggy. Twiggy will then do a question and answer session with award winning film producer Jim Brown from B4films before introducing The Boyfriend.

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<tr>
<td>14.00</td>
<td>Twiggy Documentary</td>
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<td>An audience with Twiggy</td>
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<td>15.50</td>
<td>The Boyfriend</td>
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<td>14.00</td>
<td>Q&amp;A session after the screening</td>
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Tuesday 11 September

Local Hero
The film that put Pennan on the map, Local Hero is the second of our classics. Bill Forsyth’s 1983 film starring Burt Lancaster, Peter Riegert, Denis Lawson, Peter Capaldi, Jennifer Black and Fulton MacKay was shot in some of the most picturesque locations in Scotland. Morar, Loch Eilt, Banff and of course Pennan were all used to create the mythical town of Ferness. How were the locations chosen and how did the west and east coasts become one? All will be revealed.

14.00 – 16.00 Q&A session after the screening with one of the production team from the movie.
Thursday 13 September
14.00 – 16.30
**The Best Exotic Marigold Hotel**
Judi Dench, Celia Imrie, Bill Nighy, Maggie Smith and Tom Wilkinson star in the third of our films, the 2012 John Madden film, The Best Exotic Marigold Hotel. The film follows a group of pensioners who move to a retirement hotel in India run by star of Slumdog Millionaire, Dev Patel.

Saturday 15 September
13.30 - 14.30
**Summer Holiday**
The festival will close with the British musical Summer Holiday. Celebrating its 50th anniversary the film starred Cliff Richard, Una Stubbs, Melvyn Hayes, Ron Moody and The Shadows. The film will be introduced by one of the stars of the film who will also take part in a question and answer session and reveal some really interesting facts about this classic.

Q&A session **Saturday 15 September**
14.30 - 16.30
Screening of Sing-a-Long Summer Holiday

**B4films** is an independent film and television production company based in Aberdeen. Led by award winning producer Jim Brown, B4films is one of the UK’s most original and innovative production companies. They specialise in creating and producing popular original formats and features for domestic and international distribution. B4films is currently in pre-production with the much publicised feature film ‘Between Weathers’.

www.b4films.com

**Tickets:** £4
The Belmont Picture House,
To book your movie contact:
0871 902 5721
www.picturehouses.co.uk
Friday 7 September – Saturday 6 October

Aberdeen in the 1970s
Throughout the period of the Festival, The Local Studies Team would like to hear from anyone with particular memories of life in the seventies.
Monday and Wednesday 09.00 – 20.00
Tuesday, Thursday, Friday, Saturday 09.00 – 17.00
Contact: 01224 652512
Email: localstudieslibrary@aberdeencity.gov.uk

Friday 7 September

Intergenerational Computer ‘Taster’ Sessions
Young people from Bucksburn Academy will be the tutors for these introductory sessions on the internet, e-mail, Microsoft Word and Excel.
Free: booking essential.
Contact: Bucksburn Library for dates and times 01224 710830

Friday 7 & Saturday 8 September
10.00 - 12.30 & 13.30-16.00

Harris Tweed workshop
with Linsay MacDonald
Two day workshop based within the Maritime Museum Education Suite. Design and create a textile piece from Harris Tweed. Templates to create either a brooch or corsage, a purse, a sample for a cushion or sampler which can be framed. Opportunity to learn embroidery, appliqué and other stitch techniques which can be applied to the surface of the Tweed.
Cost: £20 City resident.
£60 Non City resident
Limited places. To book contact: Arts Development Team 01224 814740
ArtsDevelopment@aberdeencity.gov.uk

Friday 7 September

Digital Books
‘Taster’ Sessions
‘Who Else Writes Like’? and ‘Fantastic Fiction’ for further enjoyable reading! Want to learn a language? Check out ‘Tell Me More’ too!
Free: booking essential.
Contact:
Airyhall Library- 01224 310536
Culter Library- 01224 732587
Dyce Library- 01224 723015
ArtsDevelopment@aberdeencity.gov.uk
DATES FOR YOUR DIARY -

SEPTEMBER

Fri 7, 11, 13, 15 Launch of Film Festival –
Fri 7 ‘An Afternoon with Twiggy’
Fri 7 ‘Aberdeen in the 1970’s’
Fri 7 What’s the LOWDOWN on Downloads?
Fri 7 & Sat 8 Intergenerational Computing
Fri 7 & Sat 8 Textiles workshop using Harris Tweed
Sat 8 Intergenerational Day, Duthie Park
Sat 8 The Library in the Park, Duthie Park
Sat 8 Talk by Royal Horticultural Society of Aberdeen – Winter Gardens, Duthie Park
Sat 8 The Travelling Gallery - Duthie Park
Sat 8 Complementary Therapies,
Sitar player Tabla Drum, Duthie Park
Sat 8 MODO - Circus workshops for all the family
Duthie Park
Sat 8 Sing-a-Long a Sound of Music
with Castlegate Seniors, Duthie Park
Sat 8 Dance with Diane Davis-Bailey,
Winter Gardens
Sat 8 Animal Man, Mini Petting Zoo- Duthie Park
Sat 8 Kilt Kickers, dance, Zumba Duthie Park
Sun 9 Walking Tour – Aberdeen’s Lost Cinemas
Sun 9 & 16 Jazz and lunch at Carmelite Bar & Grill
Sun 9 & 14 Mixed racquet sports
Sun 9 & 16 Friskis Svettis - Swedish exercise & dance
Mon 10 Brave New World - Talk by Rosie O’Hara
Mon 10 War & Peace - Talk by Rosie O’Hara
Mon 10 Textile Techniques,
Ruthrieston Community Centre
Mon 10 Exercise with Fiona Murray & Sheila Martin
Cowdray Hall
Mon 10 Badminton
Mon 10, 11, 12 & 13 TechnoGym - Easy Gym drop-in sessions
Mon 10, 12, 13 Tai Chi sessions - Cowdray Hall
Mon 10 Going to the Pictures -
Talk by Councillor Barney Crocket
Mon 10 Health and Disease in Medieval Aberdeen -
Talk by Dr Chris Croly
Mon 10 Food & Science Demo- light-hearted cooking
the scientist and the chef

Tues 11 Capturing oor North East Heritage on Film.
Talk by Dr Don Carney
Tues 11 Div Ye Min? Talk by Councillor Neil Cooney
Tues 11 Aberdeen in the 1950’s
Talk by Councillor Neil Cooney
Tues 11 History of Photography
Illustrated talk by John Shewell
Tues 11 Short Mat Bowling. Cairncrey Community Centre
Tues 11 Book Binding Rosemount Community Centre
Tues 11 Chefs Surgery - Ask the chef
Tues 11 Fitness Studio
Tues 11 Rhythms with drums and percussion
Tues 11 Badminton and Table Tennis
Tues 11, 12, 13 Recreating Master’s with artist
Kelly-Anne Cairns
Tues 11 & Boat Trip on the Lady Gail 2 -
Wed 13 Wildlife & Dunnottar Castle from the sea
Wed 12 10th Anniversary Concert Music Hall with
Jamie MacDougall and Friends
Wed 12 Candle Making -
Bridge of Don Community Centre
Wed 12 Silver City Surfers & Aberdeen Older People’s
Advisory Group at The Citadel
Wed 12 Lunch with the Kilted Chef
at Cocoa Bar & Bistro
Wed 12, 13, 14 Japanese Woodblock Printing
with artist Paul Furneaux
Wed 12 & 19 Intergenerational Computing with pupils
from Bucksburn Academy
Thurs 13 Tour of the Tolbooth by Dr Chris Croly
Thurs 13, 20, 27 Write your memoirs or autobiography
led by Bill Kirton, Writer
Thurs 13 Felt Making – Dyce Community Centre
Thurs 14 Soap Making - Balnagask Community Centre
Fri 14 Festival Tea Dance – Beach Ballroom
Sun 16 Cooking Demo - Festive Hints and Tips with
The Kilted Chef
Sun 16 Valuation Day - Antiques at the Arches

OCTOBER

Wed 3 Festival Participants Art Exhibition
Aberdeen Arts Centre
Saturday 8 September
12.00 – 17.00
10th Anniversary 50+ Festival Celebration
Intergenerational Day in Duthie Park

A day for all the family

Dancing in the floored marquee to:
Red Hot Chilli Pipers
Strathspey Fiddlers
Garioch Blend
Scott Land puppet show
Marquee event is by ticket only - 13.30-16.15

Tickets: £15 Adults, £10 concession, £5 Child,
£36 Family ticket (Tea/coffee sandwiches included)
Licensed bar available.
Booking essential - Aberdeen Box Office 01224 641122.

IN THE PARK
12.00 - 12.45 Bandstand – Aberdeen Academy Jazz Band
12.50 - 13.30 Pipes & Drums of the Gordon Highlanders
13.10 - Lord Provost’s Arrival and Civic Welcome
Free Ponyrides
Free Horse and Carriage rides
Sing-a-Long with Castlegate Seniors
Vintage cars provided by Robert Duncan
Aberdeen Kilt Kickers demo
Aberdeen Academy Jazz Band
Intergenerational Zumba for children and adults
Free Mini petting Zoo for children and adults
Free Circus skills for children and adults
Library in the Park
Silver City Surfers
Kittybrewster School Disco
Travelling Art Gallery
Childrens inflatables and stalls
Catering by Harry Fraser

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Childrens inflatables and stalls
Catering by Harry Fraser

Free Tours of David Welch Winter Gardens & Duthie Park

TOUR 1
Saturday 8 September 12.15 and 14.30
David Welch Winter Gardens
Learn more about plants and artefacts within the Winter Gardens.

TOUR 2
Saturday 8 September 13.30 and 15.30
Duthie Park Tours
Hear about the history of the park and the restoration Project.

Both tours will last about 45mins. Tours start front entrance of David Welsh Winter Gardens. Booking essential!
Aberdeen Box Office 01224 641122
Saturday 8 September
12.00-17.00 Duthie Park

Animal Man’s Mini Zoo
Come along to Animal Man’s Mini Zoo for a fun packed animal handling experience! We will be bringing along loads of exotic reptiles, spiders, snakes and bugs, including one of the biggest spiders in the world. Come along and touch and hold all our exciting animals and have a chance to hear some cool stories and facts. There will be regular 10 minute talks about some of the animals so be sure to stop by to hear unusual facts and special stories about them.

12.00 - Fluffy animals
13.00 - 6ft Boa Constricter
14.00 - 4ft Iguana & Chinese Water Dragon
15.00 - Tortoise, Frog and Toad.
16.00 - Tarantula’s and Scorpions
Free
www.minizoo.org.uk.

Saturday 8 September
14.30, 15.10, 15.50, 16.30, 17.10 & 17.50
Duthie Park Winter Gardens

Indian Head Massage and Hand or Foot Reflexology.
With music from Paul Wright on Sitar and Vinesh Chandra on Tabla Drums. Soothe away stresses and strains with a relaxing treatment. Enjoy the beneficial effects of reflexology and Indian head massage whilst listening to the tranquil notes of the Sitar and the hypnotic sound of the Tabla Drums. The treatments are with fully qualified therapists, trained to an exceptional standard.

Tickets: £5 booking essential.
Aberdeen Box Office 01224 641122

Please note: The treatments are not suitable if you have or have had a stroke, thrombosis, phlebitis, cellulitis, aneurism, heart conditions or any undiagnosed medical illness.
For more info contact: Melanie Wright Bell, The Complementary Therapy School - 01241 856 948
www.thects.co.uk
Sunday 9 September
14.00
**Walking Tour of Aberdeen’s Lost Cinemas**
This tour takes you on a journey into cinematic history. Recalling the early days and the high point of the 40s and 50s to the sad decline of our picture palaces to leave us with only four functioning cinemas out of a previous total of around 35. We can’t promise to cover them all, but the selection on the walk represents the Union St cluster of the city’s picture houses, ‘flechy’ or otherwise!

Meeting point - outside the site of the old Regent/Odeon Picture House, Justice Mill Lane one of Aberdeen’s many silver screens from the age of cinema.

Tickets £4 booking essential, Aberdeen Box Office 01224 641122 (Duration approximately 2 hours)

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Sunday 9 & 16 September
12.00-14.00
**The Marisha Addison Quintet- Jazz Lunch**
Carmelite Bar & Grill
In the heart of the Aberdeen’s Merchant Quarter (opposite Union Square), Carmelite are pleased to host the Marisha Addison Quintet to celebrate Aberdeen’s 10th Anniversary 50+ Festival.

Reserve your 2 course Roast Beef Sunday Lunch between 12.00 and 13.30 for £12.50, and get the second person half price. Pre-bookings are necessary please quote 50+Festival. For more information or to book please call Elaine Beyaz - 01224 589101
www.carmelitehotels.com

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Monday 10 September
11.00 - 13.00
**Badminton ‘Taster’ Session**
Give Badminton a try at Jesmond Sport Centre in Bridge of Don. Jesmond Sport Centre Jesmond Drive Free

Please call reception to book your place on 01224 707090

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**Mixed Racquet Sports ‘Taster’ Sessions**
Badminton, Table Tennis and Racquet Ball.
Free
Sheddocklsley Sport Centre
Springhill Road, Mastrick

Please contact reception to book your place - 01224 692534
Sunday 9 & 16 September
13.30 - 16.30
**Friskis Svettis**
Various forms of Swedish Exercise including dance.
Cairncry Community Centre, Foresterhill Road
Please contact Gunilla for more information on 01224 319377

Monday 10 September
"**Keep Active in Your Golden Years**"
10.00 - 10.40  Gentle Exercise
10.50 - 11.25  Line Dancing
11.30 - 12.00  Seated Exercise
Classes delivered by the 50+Festival tutors Fiona Murray & Sheila Martin
Cowdray Hall.
Free.

10 September
**TechnoGym**
The equipment will be available to use at the Beach Ballroom on the following dates:
Monday 10 September
14.00 - 16.00
Tuesday 11 September
13.00 - 16.00
Wednesday 12 September
14.00 - 16.00
Thursday 13 September
10.00 - 13.00

Physical activity is well evidenced to prevent illness and promote health. The TechnoGym Easy Line equipment is specifically designed for those not used to using gym equipment. There are no heavy, ‘clunky’ weights and the hydraulic mechanism allows you to work at your own pace.

Aberdeen City Council has purchased the equipment to benefit the older population in the following ways:
- Encourage the older population to enjoy physical activity.
- Challenge stigma/attitudes towards active ageing.
- Encourage community engagement.
- Decrease fall rates

For more information, please contact 01224 523122.
Monday 10 September
14.00-16.00
Textile Techniques ‘Taster’ Sessions
With Artist Linsay MacDonald
Linsay will guide you through a range of sewing techniques in this two hour taster session. There will be materials available and the opportunity to create small samplers. There will be demonstrations from a group of lace makers with a chance to try out this art form and find out more about the group.
Free – Contact Arts Development to book your place 01224 814740
Email: ArtsDevelopment@aberdeencity.gov.uk

Monday 10 - Thursday 13 September
4 days of Lunch & Sing-a-Longs
Monday 10 with the Scottish Accordion Music Group.
Followed by Sounds Familiar on 11, 12, 13.
Northern Light’s, Beach Ballroom
Tickets: £7 (includes soup and sandwich)

Booking essential.
Aberdeen Box Office
01224 641122

Monday 10 & Tuesday 11 September
TALKS IN THE TOWN HOUSE
Two days of talks will take place (Courtesy of the Lord Provost) in the Town & County Hall, Town House

Monday 10 September
10.30 - 11.15
First of two talks by Rosie O’Hara
Brave New World
Retired and brain not tired - how can you be in charge of your destiny at 50+?

Trust me on this. As I’m heading rapidly for a bus pass in about 20 days time - I am in charge, well most days. How to get back driving your own bus on those days, when everyone else is driving you mad. Using the art and science of NLP (Neuro-linguistic Programming)

Monday 10 September
11.30 - 12.30
War & Peace - Rosie O’Hara
It ain’t what you say it’s the way that you say it. There are statistics that show that the baby boomers communicate better with teenagers than anyone else. What are you doing about that? How to get your point across using the art and science of NLP (Neuro-linguistic Programming)
Monday 10 September
13.30 - 14.15
Going to the Pictures
Aberdeen cinemas in the golden years. A talk by Councillor Barney Crockett, Leader of Aberdeen City Council.

Monday 10 September
14.30 - 15.30
Health and Disease in Medieval Aberdeen
An illustrated talk by Dr Chris Croly. Chris is a historian with Aberdeen Art Gallery and Museums examining aspects of health and medical care in the medieval town.

Tuesday 11 September
11.00 - 12.00
Capturing oor North East Heritage on Film
Dr Don Carney has been filming for twenty two years, the culture of the North East, because he was proud of what oor ancestors have done for us. Their contribution should be captured for others to enjoy. His six DVD titles, all featuring the Doric dialect and promoting the culture of the North East enjoy world distribution. Come and hear how this innovatory film maker has achieved this.

Tuesday 11 September
14.00 - 14.45
Aberdeen in the Fifties
Councillor Neil Cooney gives a talk on such as the Coopie, Collies, favourite radio and TV programmes, sporting events and local events.

Tuesday 11 September
13.00 - 13.45
Div Ye Min?
Down memory lane with characters’ shops and games of old. A talk by Councillor Neil Cooney

Tuesday 11 September
15.00 - 16.30
History of Photography
An illustrated talk by John Shewell on how cameras and photography have advanced over the years, right up to the digital age.

Please note: The Town House restaurant on the 1st floor is available between 12.00 - 13.30 each day to purchase teas/coffees etc.
Monday 10, Wednesday 12 & Thursday 13 September

Tai Chi ‘Taster’ Sessions
Monday 10 - 13.00-14.00 & 14.00-15.00
Wednesday 12 - 10.00-11.00 & 11.00-12.00
Thursday 13 - 13.00-14.00 & 14.00-15.00

Improve your health and raise your spirit. An introduction to a form of exercise and personal development that both promotes health and relieves stress. People of all ages and all levels of fitness can benefit from this ancient art and enjoy learning the form that can be an effective aerobic exercise.
Free – Cowdray Hall

Monday 10 September 12.00
Food & Science Demo
Chef Craig Wilson and his wife Dr Lindsay Wilson (Scientist) take a playful look at cooking and with a scientific explanation. Glass of fizz and a light lunch included.
Cocoa Bar Bistro, Market Street
Tickets: £15 from Aberdeen Box Office
www.cocoa-aberdeen.co.uk

Tuesday 11 September 10.00-12.00 & 13.30-16.00
Short Mat Bowling ‘Taster’ Session
Free tuition and light lunch.
Cairncry Community Centre
Foresterhill Road
To book your place contact centre on 01224 698920

Tuesday 11 September 14.00-16.00
Book Binding ‘Taster’ Session
Local Printmaking artist, Michael Waight, will cover the basic principles of this art. Including a unique form of booklet that needs no sewing or gluing, a piece of art in its own right. A great way to make pamphlet books!
Rosemount Community Centre
Free - Contact Arts Development on 01224 814740

Tuesday 11 September 10.30
Chef’s Surgery
Ask the Kilted Chef any food related dilemmas.
Your morning will soon taste better with sticky toffee pudding, cupcakes, black pudding scones and coffee. A real foodie treat: included in ticket price
Cocoa Bar Bistro, Market Street
Tickets: £5 Aberdeen Box Office 01224 641122
www.cocoa-aberdeen.co.uk
Tuesday 11 September
Rhythms with Drums and Percussion
Join David Imevbore in an interesting and fun session of building and creating rhythms with drums and percussion from different parts of the world. No prior musical ability is necessary.
Aberdeen Arts Centre
Free - booking essential Aberdeen Box Office 01224 641122

Tuesday 11 September
14.00-16.00
Free Supervised Fitness Studio Session
Try out the fitness studio at the Jesmond Sport Centre and have the expertise of a qualified instructor to assist you throughout the session.
Jesmond Sport Centre
Jesmond Drive
To book your place please contact 01224 707090

Tuesday 11, Wednesday 12 & Thursday 13 September
10.00-12.30 & 13.30-16.00
Recreating Master’s
Based within the Art Gallery and using the wider Gallery environment as inspiration, esteemed local artist Kelly-Anne Cairns will guide participants to explore 6 pre-selected paintings from the permanent collection.

Fiona Mair (Learning Manager for the Art Gallery and Museums) will give a guided tour of the gallery, highlighting the paintings selected. Participants will choose one of the 6 paintings to recreate in oil on canvas. This is a new and exciting opportunity to be based within the gallery exhibition space working directly from an original artwork.
Limited to 10 places
Cost: City residents £30 - Non City residents £90
To book please call Arts Development on 01224 814740
Email: ArtsDevelopment@aberdeencity.gov.uk

Tuesday 11 & Thursday 13 September
10.00-12.00
Free Badminton and Table Tennis
Try Badminton and table tennis
Bucksburn Community Complex
Please call to book your place on 01224 710840
Tuesday 11 & Thursday 13 September 18.00
**Free Wildlife trips on the ‘Lady Gail 2’**

Donated by Skipper Ruari McLachlan. The Wildlife trip takes you to Fowlsheugh RSPB colony passing by Dunnottar Castle. The cliffs of the Fowlsheugh reserve are packed with breeding seabirds in Spring and Summer such as Guillemots, Razorbills, Kittiwakes, Fulmars, Herring Gulls, Puffins and Shags. You will also see interesting nooks, crannies and caves along this spectacular coastline. Departs 18.00 both days Stonehaven Harbour. Booking essential - to book a place please contact Ruari McLachlan Mobile: 07411010559 www.castlecharter.co.uk

Wednesday 12 September 12.30
**What everyone wants**
3 course lunch, De Uve Prosecco & chocolate dipped strawberries. Cocoa Bar Bistro, Market Street

You will be entered into a free prize draw if you dress to impress & wear a hat.

Tickets: Special Festival price £18 Booking essential, Aberdeen Box Office 01224 641122 www.cocoa-aberdeen.co.uk

Wednesday 12 September 14.00-16.00
**Candle Making**

Artist Renee Vincent will guide you through the techniques to create your own beautiful candle in this two hour workshop. This will include preparing the wax, adding fragrance, colour and decorative elements to customise the candle, before casting it in a choice of moulds. Bridge of Don Community Centre, Braehead Way Free

To book please call Arts Development on 01224 814740 Email: ArtsDevelopment@aberdeencity.gov.uk
To celebrate the 10th Anniversary of Aberdeen’s “Get Oot and Aboot” 50+ Festival, tenor and BBC radio presenter Jamie MacDougall is delighted to host a gala evening of entertainment at the Music Hall.

Jamie will be joined on stage by mezzo-soprano Cheryl Forbes and Scottish Folk legend Alastair McDonald, and a 20-piece orchestra conducted by Music Director, Gordon Cree.

The programme will feature a feast of music and song from the world of opera to the hits from the West End shows, as well as a selection of traditional Scots songs given a slightly modern twist. The evening will be interspersed with lots of fun and laughter. A gala evening not to be missed!

Music Hall
Tickets: £15, Concession £10, Child £5
Aberdeen Box Office 01224 641122
Wednesday 12 September
10.00 - 13.00

**Basic Computing & light lunch**

Silver City Surfers is a charity that helps the over 55s learn basic computer skills at drop in sessions across Aberdeen. The sessions involve friendly one-to-one learning with volunteers and refreshments. This special session is being held in partnership with Aberdeen’s Older Peoples Advisory Group. We can help you to get online, get connected and to have your say about what matters most to you.

*Free please call to book a place by Wednesday 5 September on 07799 371 329 or Email: silvercitysurfers@gmail.com*

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Wednesday 12 & 19 September
12.00-13.00

**Intergenerational Computer ‘Taster’ Sessions**

- **Wednesday 12** - Internet and e-mail
- **Wednesday 19** - How to use Facebook and Word.

Young people from Bucksburn Academy will be the tutors for these introductory sessions.

**Contact Bucksburn Library**
01224 710830

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Wednesday 12, Thursday 13 & Friday 14 September
10.00-12.30 and 13.30-16.00

**Japanese Woodblock Printing with Paul Furneaux**

Paul will highlight some of the skills involved in Japanese woodblock printing. During the course participants will: use Japanese papers designed over decades for this form of printing; employ Japanese tools to cut the blocks; apply the watercolour by specialised Japanese brushes to the cut blocks and print by hand with the aid of a “Baren” (hand printing disc wrapped in a bamboo leaf).

Discover the sheer fun and excitement of this most ancient of print mediums. Open to all levels.

**Cost:** City residents £30, Non City residents £90

**To book please call Arts Development on 01224 814740**

Email: ArtsDevelopment@aberdeencity.gov.uk
Thursday 13 September  
14.30 - 15.30  
**Tolbooth Tour**  
Join historian Dr Chris Croly to explore the Tolbooth Museum, the best preserved 17th century gaol in Scotland. Please note there are a number of steep steps.  
Tolbooth Museum  
Entrance on Union Street.  
Booking essential.  
Aberdeen Box Office on 01224 641122

Thursday 13 September  
14.00-16.00  
**Free-Felt Making**  
Renee Vincent will take you through the processes of felt making using both dry needlepoint and wet felting techniques. The finished pieces can be made into jewellery or embellishment for bags, garments or cards. All materials will be provided.  
Dyce Community Centre,  
Gordon Terrace  
To book please call Arts Development on 01224 814740  
Email: ArtsDevelopment@aberdeencity.gov.uk

Friday 13, 20, 27 September  
10.30-12.00  
**Go on, do it – WRITE NOW!**  
What's your story, then? Learn how best to set out your memoirs or autobiography whether for family or for publication!  
Sessions will be led by Bill Kirton.  
Central Library,  
Rosemount Viaduct  
Free booking essential contact:  
01224 652535  
Email: jsmith@aberdeencity.gov.uk

Thursday 14 September  
14.00-16.00  
**Soap Making**  
Artist Monica Wisniewski will take you through the fun and creative process of making your own soap. The soap base uses amino acids, minerals and vitamins which nourish the skin. Choose your own ingredients to individually customise your soap, including dried flowers and essential oils for fragrance. The finished bar will be autifully wrapped in handmade papers.  
Balnagask Community Centre  
Balnagask Road  
To book please call Arts Development on 01224 814740  
Email: ArtsDevelopment@aberdeencity.gov.uk
Friday 14 September
13.30-16.00 (doors open 13.00)
**Festival Tea Dance**
Dance or sing along to sounds of the Scottish Accordion Music Group at the Beach Ballroom.
Tickets: £5.50 (refreshments included)
Aberdeen Box Office 01224 641122.

Sunday 16 September
15.00
**Cooking Demo – Festive Hints and Tips**
‘Get Ready for Christmas Now’!
Cocoa’s Bar, 11 Market Street
Tickets: £15 (Festive fizz and canapés included)
Booking essential - Aberdeen Box Office 01224 641122
www.cocoa-aberdeen.co.uk
www.eatonthegreen.co.uk

Sunday 16 September
12.00 - 16.00
**Antiques Valuation Day – Antiques at the Arches**
Would you like to know about an antique or piece of jewellery you own? Join us for drinks and nibbles and bring your items along.
Aberdeen Antique Centre,
The Arches,
24 South College Street
Contact: 01224 575075

Wednesday 3 - Thursday 25 October
17.00-19.00
**Exhibition - 50+ Festival participants work**
We shall be showcasing some of the work created at classes during the 50+ Festival at an exhibition to be held in the Arts Centre. This will officially open on Wednesday 3rd October from 17.00-19.00.
The Arts Centre is open Tuesday to Saturday for viewing from 10.00 to 16.00.
Admission is free but, during the Autumn Carnival (15th -19 Oct) access will be restricted. The exhibition will include oil paintings, Japanese woodblock prints, creative stitchery onto Harris Tweed as well as photographs documenting the classes in progress.

This promises to be an exciting exhibition which displays the wealth of talent amongst our over 50’s citizens!
For further information please contact Lindsay Dawson 01224 814728
Thanks go to our Sponsors:

Marcliffe, Pitfodels

Walkers Shortbread

Joyce Young designer
‘By Storm’

North Link Ferries

A special thanks
go to all volunteers

Other Festival Activities in
Sheltered Housing Units

Food Demo/Sampling
& Sing-a-Long

‘The Kilted Chef’ Craig Wilson of Cocoa, & “Eat on the Green” accompanied by Accordionist John Duncan. The following units will be visited by Craig and John delivering some tasty treats, along with John’s wonderful accordion music.

<table>
<thead>
<tr>
<th>Thursday 13 September</th>
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<tr>
<td>Charlie Devine Court 12.45 - 14.00</td>
<td>Janesfield Manor 12.45 - 14.00</td>
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<td>Hamewith 14.15 - 15.15</td>
<td>Clifton Court 14.15 - 15.15</td>
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<tr>
<td>Seaton House 15.30 - 16.30</td>
<td>Mark Bush Court 15.30 - 16.30</td>
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This document is available in various formats including black on white paper and languages.
Please call 01224 523913
Aberdeen’s 50+ Festival would not be what it is without the overwhelming support of the community.

Wishing you a great 10th Anniversary Festival!

Festival Organiser

Supported by the Common Good Fund
www.aberdeencity.gov.uk/50plus