



INTEGRATION JOINT BOARD

Date of Meeting	26.03.2019
Report Title	Granite City Good Food Update (formerly Sustainable Food City Partnership Aberdeen)
Report Number	HSCP.18.011
Lead Officer	Sandra Ross, Chief Officer
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Consultation Checklist Completed	Yes
Directions Required	No
Appendices	a. GCGF Sustainable Food Charter b. GCGF Annual Report 17/18 c. 'A Healthier Future' Consultation Responses (IJB Jan 18)

1. Purpose of the Report

The purpose of the report is to:

- a) Ask the Chair of the Integration Joint Board to sign of the Granite City Good Food (GCGF) charter on behalf of the Aberdeen City Health and Social Care Partnership (ACHSCP)
- b) Support the principles and promote the GCGF to staff and partners by encouraging involvement in the 6 priority areas.

2. Recommendations

2.1. It is recommended that the Integration Joint Board (IJB):

1. Note the update report on the 'Granite City Good Food (GCGF)



INTEGRATION JOINT BOARD

2. Support the principles of the GCGF and its Charter through the Aberdeen City Health and Social Care Partnership (ACHSCP) action plan (in development)
3. Instruct the Chair of the Integration Joint Board to sign of the (GCGF) charter on behalf of the Aberdeen City Health and Social Care Partnership (ACHSCP)
4. Request that an annual update on ACHSCP GCGF is presented to the IJB.
5. Request that the Grampian consultation strategies for Tobacco and Diet, Activity and Healthy Weight are presented to the Board

3. Summary of Key Information

- 3.1.** Good food is vital to the quality of people's life and every person in Aberdeen should have the opportunity to access healthy, tasty and affordable food. Too much or too little food or general poor nutrition is well documented to severely affect health and wellbeing (1). The most vulnerable or deprived in Aberdeen city are most at risk. Food Poverty Action Aberdeen is a partnership of 61 public, private, faith and community groups/organisations which continues to report a growing number of individuals and families accessing food banks across the city. The level of overweight and obesity is also one of the biggest public health challenges, with 65% (2/3) of adults in Scotland and 61% in Aberdeen now being overweight(2). Much of that harm is from over eating high energy dense food and drinks and generally poor diets

The Sustainable Food Cities (SFC) model

- 3.2.** The Sustainable Food Cities (SFC) model has been developed and led nationally by the Soil Association, Sustain and Food Matters. The SFC aims to transform food culture by:
- Establishing a cross sector food partnership
 - Developing and delivering a food strategy and action plan
 - Embedding healthy and sustainable food policy
- 3.3.** The GCGF (formerly Sustainable Food City Partnership Aberdeen) held its inaugural meeting in March 2017 and is utilising the recognised national



INTEGRATION JOINT BOARD

SFC model. GCGF was announced as the 48th member of SFC network and the 3rd in Scotland.

- 3.4. Since June 2017 a dedicated GCGF Co-ordinator has been funded from several sources including; Esmée Fairbairn Foundation, NHS Grampian (Public Health Directorate) and Aberdeen City Council's 'Common Good Fund' and ACHSCP 'Food in Focus' funding.
- 3.5. The focus of the GCGF movement is to reduce food poverty and support local sustainable food.
- 3.6. The Sustainable Food Cities Partnership Aberdeen (SF CPA) is the steering group that leads the GCGF movement. The group is chaired by Councillor Lesley Dunbar and members are: Aberdeen City Council, CFINE, NHS Grampian (Public Health Directorate), The Allotment Market Stall, Tillydrone Community Project, Enscape Ltd, Robert Gordon University and ACHSCP (Public Health and Well Being Team). The SF CPA reports to the 'Sustainable City outcome improvement group within Community Planning Aberdeen (CPA).

The SFC Six Key Priority Areas

- 3.7. The SFC model suggests six key theme areas, and these will be used to focus work across Aberdeen. The SF CPA steering group leads on positive food change by:
 - implementing strategy and policy commitment
 - sourcing funding and resource allocation
 - co-ordinating existing food projects and services by bringing together key stakeholders and encouraging a coordinated strategic partnership approach.
- 3.8. One of the anticipated benefits is that information will be shared among these 6 key theme areas largely by the GCGF co-ordinator attending relevant meetings and updating activity on the action plan. This sharing of knowledge and information will promote partnership working at different levels and help us to deliver better outcomes for the people of Aberdeen.

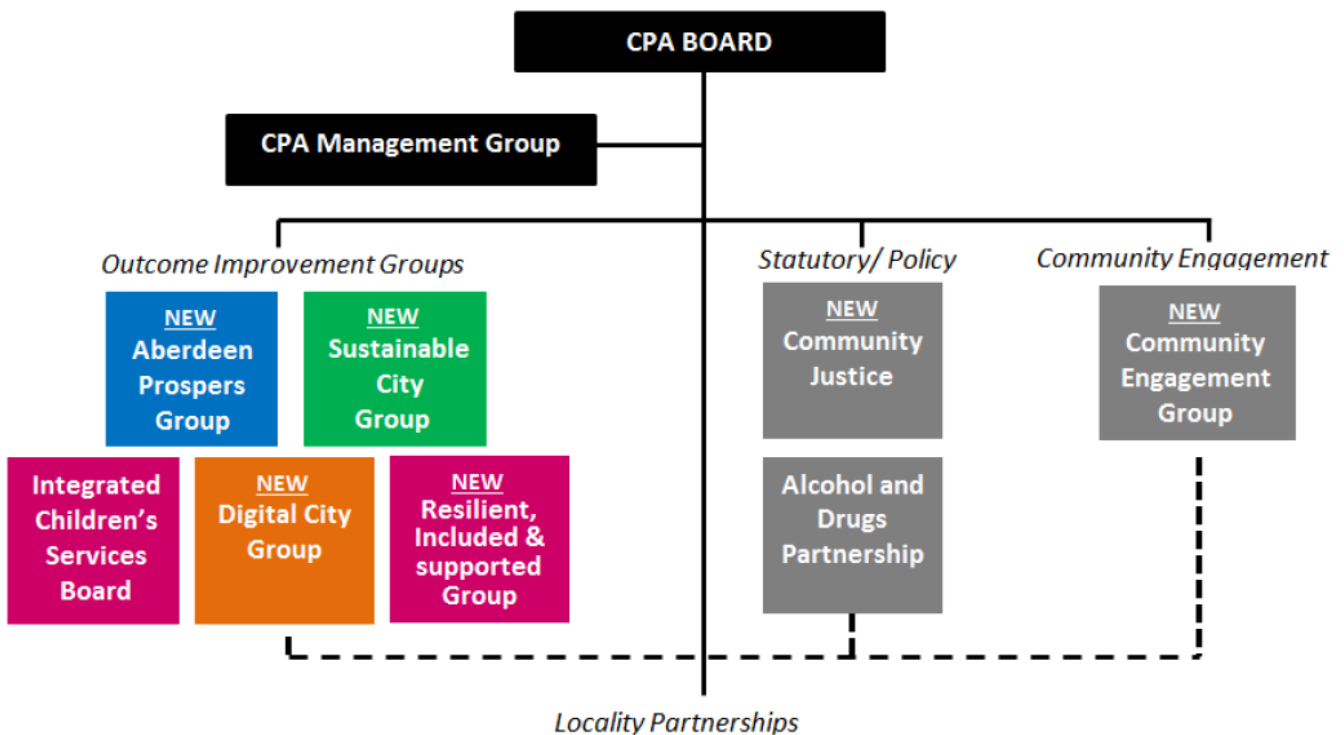


INTEGRATION JOINT BOARD

3.9. Appendix B contains the GCGF 2017/18 Annual Report which shows examples of partners work supporting the 6 key priority areas, reflecting a range of volunteering opportunities.

GCGF Governance

3.10. The GCGF will report to the ‘Sustainable City outcome improvement group in Aberdeen’s community planning structure (as below) with crossover into other groups.



GCGF IN ACHSCP

In response to the feedback from the Executive Team (September 2018) regarding progressing GCGF in ACHSCP, the following is being implemented to drive the GCGF movement with ACHSCP and its partners:

- ACHSCP GCGF steering group has been formed (Dec 2018)
- ACHSCP GCGF action plan being developed (March 2019) including communication plan



INTEGRATION JOINT BOARD

Scottish Government: 'A Healthier Future'

After a consultation process in 2017/2018 where the IJB agreed a proposed response to "A Healthier Future – Scotland's Diet and Health Weight Delivery Plan" (Appendix B) the final strategy was published in July 2018. By advocating positive change to food culture in Scotland, their vision is to "create a Scotland where everyone eats well, and has a healthy weight". The delivery of this strategy focuses on 5 key outcomes:

- Outcome 1: Children have the best start in life – they eat well and have a healthy diet
- Outcome 2: The food environment supports healthier choices
- Outcome 3: People have access to effective weight management services
- Outcome 4: Leaders across all sectors promote healthy diet and weight
- Outcome 5: Diet-related health inequalities are reduced

In response to the national strategy, NHS Grampian Corporate public health system convened and led a Healthier Futures Strategy Group to develop a local strategy. The draft local strategy 'A healthier future and more active future for the North East of Scotland' contains 17 local recommendations for action. This will be released for wider consultation in combination with the NHSG Tobacco Strategy in April 2019 and provides the IJB with an opportunity to comment on both strategies via a short Snap survey.

- 3.11.** In summary, supporting people to make changes to their diet and weight will require a range of innovative ideas/solutions to truly make the transformational change to our existing food culture. Both the national and local healthy diet and weight strategies and the GCGF have common aims in addressing positive change to food culture. Supporting the GCGF and signing the GCGF Food Charter is one initiative that will help establish the partnership working required to promote healthier foods and diets to the people of Aberdeen.

4. Implications for IJB

4.1. Equalities



INTEGRATION JOINT BOARD

The proposals outlined in this report are expected to have a positive impact on individuals who share characteristics protected by The Equality Act 2010. For example community growing opportunities are commonly intergenerational - multicultural and inclusive of people with physical and learning disabilities and can be used to promote equalities opportunities, social inclusion and community cohesion.

4.2. Fairer Scotland Duty

Granite City Good Food seeks to reduce the inequalities of outcome which result from socio-economic disadvantage. The numbers of people who are overweight, obese and/or with poorer nutrition are greater in areas of multiple deprivations. This results in health inequalities, for women and children in particular.

The proposals of the GCGF movement aim to reduce these health inequalities, as related to socio-economic disadvantage.

4.3. Financial

There are no direct financial implications arising from the recommendations of this report.' In the future our annual reporting to the IJB will identify any costs for work we wish to undertake should these not be able to be contained within mainstream budgets or be of a level that requires Board approval.

4.4. Workforce

Our workforce needs to be fit for purpose and understand their contribution to addressing the issue of people being overweight and obese, which includes promoting staff health and wellbeing as an organisation.

4.5. Legal

Implications relating to the Fairer Scotland Duty are outlined above. There are no further legal risks identified.

4.6. Other

No other implications have been identified.



INTEGRATION JOINT BOARD

5. Links to ACHSCP Strategic Plan

The principles of the GCGF link closely with several of the priorities as identified in the ACHSCP, including:

- *“Support and improve the health, wellbeing and quality of life of our local population”*
- *“Promote and support self-management and independence for individuals for as long as reasonably possible”*
- *“Contribute to a reduction in health inequalities and the inequalities in the wider social conditions that affect our health and wellbeing”.*

6. Management of Risk

6.1. Identified risks(s)

There are several specific risks relating to not endorsing the content of this report:

- Continued rise in chronic conditions arising from obesity and type 2 diabetes are linked to poor diets, and impact on primary and community health care services
- Environmental effects of sustained use of processed foods i.e. packaging, food miles/transport and food waste
- Not engaging with the GCGF would be a missed opportunity to adopt a partnership approach in supporting the wider food agenda in Aberdeen and supporting the Scottish Government’s Healthier Futures Strategy

6.2. Link to risks on strategic or operational risk register:

Strategic Risk Register: There is a risk of financial failure, that demand outstrips budget and the IJB cannot deliver on priorities, statutory work, and projects an overspend.



6.3. How might the content of this report impact or mitigate these risks:

The proposals outlined in this report help to mitigate the risk of demand outstripping budget, as they have a preventative focus on aiming to reduce the health consequences of poor diets and improving access to affordable, healthy



INTEGRATION JOINT BOARD

foods. The CGGF with its wide range of partners could provide a range of innovative projects and work that could support and address significant and complex health issues like obesity.

Approvals	
	Sally Shaw (Interim Chief Officer)
	Alex Stephen (Chief Finance Officer)

References

1. Scottish Government (2018). *A Healthier Future –Scotland’s Diet & Healthy Weight Delivery Plan*. from: <http://www.gov.scot/Publications/2018/>
2. Scottish Government (2017). The Scottish Health Survey. (online) Available from: <http://www.gov.scot/resources/0052/00525472.pdf>
3. Aberdeen City Health and Social Care Partnership 2016. ACHSCP Strategic plan 2016-2019. Available from: www.aberdeencityhscp.scot