

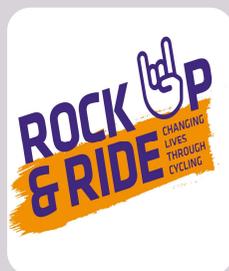


# COMMUNITY SPORTS TEAM

CEO Update April 24



# Community Sports Team Projects:



**Focused on:**

- Albury
- Dyce
- Garthdee
- New Scots
- Northfield
- Ruthrieston
- Torry (NEW)
- Seaton (NEW)

**Hub focused ED&I Projects:**

- Diverse & Ethnic Communities
- Poverty & Low Income
- Disability & ASN
- Mental Health

**Breaking down barriers to cycling in St Machar / Northfield**

Partnering with Scottish Cycling & SUStrans

**Funded through Grampian Disability Sport**

Locations

- Aberdeen
- Alford
- Peterhead

**Club Support:**

- Child Protection Training
- First Aid Training
- Athlete Development Programme
- General Club Support
- Liason with SGBs

**Facilities Development & Club Partnering:**

- Northfield OSC
- Ruthrieston OSC
- Dyce Pavilion
- Hazlehead
- Inverdee

**Partnership with Club Sport SCIO:**

- Facility Discount (SA / ACC)
- Access to Active Schools support
- Event delivery
- Advocacy

# Examples of range of partners:

Internal	Sporting	Non-Sporting	Community Groups	Funders
<ul style="list-style-type: none"><li>• Active Schools</li><li>• Active Communities</li><li>• Health &amp; Fitness</li><li>• Get Active Venues</li><li>• Estates</li><li>• Marketing</li><li>• Memberships</li></ul>	<ul style="list-style-type: none"><li>• National Governing Bodies</li><li>• <b>sportscotland</b></li><li>• Scottish Disability Sport</li><li>• Grampian Disability Sport</li><li>• Club Sport Aberdeen</li><li>• AFCCT (Kit for All)</li><li>• 5ives / ASV</li><li>• Local Sports Clubs</li></ul>	<ul style="list-style-type: none"><li>• Sustrans</li><li>• Family Learning (ACC)</li><li>• Grampian Regional Equality Council</li><li>• Asylum &amp; Refugee Care (Charity)</li><li>• Priority Neighbourhood Partnerships</li><li>• Schools</li><li>• Live Life Aberdeenshire</li></ul>	<ul style="list-style-type: none"><li>• Ashley Broomhill Community Council</li><li>• Northfield Community Council</li><li>• Cummings Park Community Centre</li><li>• BeCycle</li><li>• Friends of St Fitticks Park</li></ul>	<ul style="list-style-type: none"><li>• <b>CORE:</b></li><li>• <b>sportscotland</b></li><li>• Grampian Disability Sport</li><li>• Programme for Government</li><li>• <b>ADDITIONAL:</b></li><li>• Health Improvement Fund</li><li>• National Lottery</li><li>• NHS Grampian Charities</li><li>• UK Shared Prosperity</li><li>• Place Based Investment Programme (TBC)</li><li>• Scottish Cycling</li><li>• Aberdeen City &amp; Shire Hotels</li></ul>

# Aberdeen City Hubs:



**The Hub network represents a wide range of community groups, sports clubs and invested individuals and each one presents their own challenges and opportunities specific to their region.**

The Community Sport Hub approach is to support and empower local people to improve sport & physical activity in communities across Scotland. It starts with understanding the needs within a community and then collaborating to facilitate and deliver activities and interventions.

Our high priority areas for 2024 are;

- Northfield
- Ruthrieston
- New Scots Hub

We will also be focusing activity in the hubs areas of;

- Albury
- Garthdee



# Working with Communities – For Communities:



*Community Sport Team presenting at Language Café, organised by Grampian Regional Equality Council*

Meeting  
community  
needs

Engaging directly with community groups;

- Hubs meetings
- Public consultations
- Attending partnership events

Fostering  
community  
collaboration

Bringing organisations together to work in partnership and achieve common goals;

- Sporting & non Sporting organisations

Empowering  
community  
leaders

Identifying and recruiting volunteers to deliver and support projects;

- Working to ensure successful projects are sustainable long term by delegating delivery to community leaders

# EDI Focus – Using Sport to create positive change in communities.

**New Health and Wellbeing Walk**  
Wednesdays at 9:45am – 11:00am  
Followed by tea and coffee at Ferryhill Community Centre

Come and walk with us!

Walk begins at: Albury Community Sports Hub, Albury Road, AB11 6TN

The pace is set by the group and everyone is welcome to come and join us.

**Albury Community Sports Hub**  
**!!! OPEN DAY !!!**  
A Day Of Free Activity

Tennis  
18 hole Putting  
Bowls  
Petanque  
Croquet

**Saturday 27th May**  
2pm–5pm

Albury Road, Aberdeen AB11 6TN (Next to Ferryhill Primary)

**THE ALBURY SOCIAL SESSIONS**

**PUTTING PLAY AT THE HEART OF WELLBEING**  
Come and join us on Friday afternoons at 1pm for a FREE social session of sport combined with a chat and a cuppa. These sessions are relaxed and enjoyable with an emphasis on meeting people, getting gentle exercise and feeling the positive effects of taking part in sport. All are welcome

**Relax & Play**  
18 hole putting  
Lawn Bowls  
Tennis & Pickleball  
Petanque & more

**FRIDAYS 1pm - 3pm**  
30th June  
7th July  
14th July  
21st July

**Долучайся до заняття спортом!** sport aberdeen

Презентація Sport Aberdeen

30 червня о 11.00

Rosemount Ukraine Hub

Найбільший спортивний оператор у Абердині: більше 30 спортивних центрів: спортивні, босоніжні, тенісні корти, скотч, гольф, анімацій, театр та театральні клуби та ін.

Завітайте для нас, хто отримує Universal Credit  
Завітайте код, то профіль отримання, щоб ми могли запропонувати програми саме для вас!

www.sportaberdeen.co.uk

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**Relax & Play**  
18 hole putting  
Lawn Bowls  
Tennis & Pickleball  
Petanque & more

**FRIDAYS 1pm - 3pm**  
8th September  
15th September  
22nd September

**ADVENTURE ABERDEEN SNOWSPORTS**

**The DROP**  
SAT 30th SEPT ALL WELCOME

Never tried it?  
**£5 Ski & Snowboard Beginner Taster Sessions**  
0930 - 1030

A bit rusty? **IMPROVE YOUR SKILLS**  
**£5 Improve your skills and connect with local clubs in a guided open session**  
1030 - 1130

**CHALLENGE YOURSELF**  
**£5 Win prizes and have fun in the DROP IN JAM**  
1100 - 1100

EMAIL: [snowsports@sportaberdeen.co.uk](mailto:snowsports@sportaberdeen.co.uk) FOR QUERIES

**SOCIAL BOCCIA SESSION**

Completely Free!

A chance to try out this exciting activity in a relaxed social setting at a fully accessible facility

**CUMMINGS PARK COMMUNITY CENTRE**  
Cummings Park Crescent, AB16 7AS  
Every Second Wednesday from 17th January 0930-1030

ALL AGES, ABILITIES AND EXPERIENCE WELCOME  
For more information contact Kyle Munro at [KMunro@sportaberdeen.co.uk](mailto:KMunro@sportaberdeen.co.uk)

**ADVENTURE ABERDEEN SNOWSPORTS**

**The DROP**  
SAT 30th SEPT ALL WELCOME

**DROP IN JAM**  
1000 - 1100  
RELAXED FORMAT

LOADS OF PRIZES UP FOR GRABS

EMAIL: [snowsports@sportaberdeen.co.uk](mailto:snowsports@sportaberdeen.co.uk) FOR QUERIES

**FOOTBALL FOR ALL 5 A-SIDE SESSIONS**

When? 2pm–4pm  
22 / 11 / 23

Where? Sives Football, Nelson Street, Aberdeen AB24 5ES

Sign Up For Free Here

**INDOOR CRICKET**  
Free social cricket (tapeball) sessions

ALL ABILITIES WELCOME  
I COME ALONG AND PLAY!

WHEN?  
1200 - 1400  
27 / 11 / 23  
04 / 12 / 23  
11 / 12 / 23  
18 / 12 / 23

WHERE?  
GETACTIVE @ Kincoath, Corthan Cree, Aberdeen, AB12 6BB

**OFFICIAL INVITE!**

**FOOTBALL FOR ALL**  
7+ A SIDE

ABERDEEN SPORTS VILLAGE

**13th December**  
1315 kick off

**BASKETBALL**

Social pick-up basketball session.  
Halfcourt / Fullcourt games

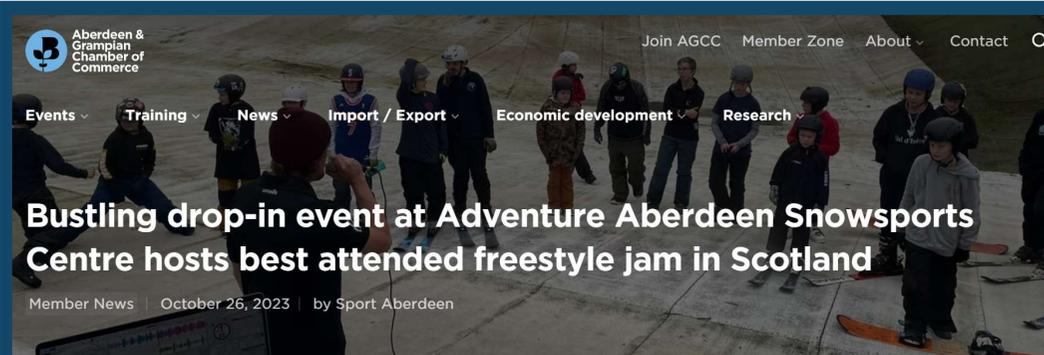
**FERRYHILL COMMUNITY CENTRE**  
WEDNESDAY: 20/12/23 : 1300 - 1500

SCAN TO BOOK FOR FREE

Activation and coordination of various projects and events across the city in 2023 each aiming to address barriers to activity within our key demographics;

- Diverse and Ethnic Communities
- Poverty and low income
- Disability / ASN

# Successes & Challenges



**Bustling drop-in event at Adventure Aberdeen Snowsports Centre hosts best attended freestyle jam in Scotland**

Member News | October 26, 2023 | by Sport Aberdeen

On Saturday, September 30, Sport Aberdeen's Adventure Aberdeen Snowsports Centre played host to "The Drop In" – a community hub event designed to celebrate and promote snowsports in the north east.

[Back to news](#)

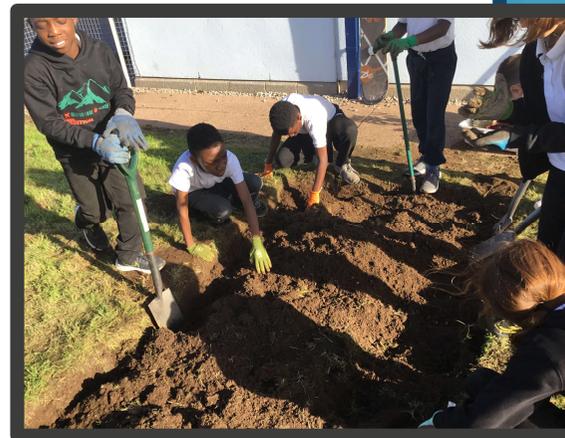


**SPORTFIRST** stories behind a world class sporting system

**Boccia brings mums together**

How boccia sessions are providing a space for mums to connect in Aberdeen

26.03.24



Clubs & Communities

## Boccia brings mums together

How boccia sessions are providing a space for mums to connect in Aberdeen

When the team at Northfield Community Sports Hub in Aberdeen were tasked with coming up with a session for a group of mums in the community, boccia might not have been the obvious choice. What started as a multisport session where the group would have the choice of what sport to play each week, however, quickly turned into a week-on-week boccia tournament for the women.

### Positive collaboration

Northfield Community sport hub is part of the national **sportscotland** community sport hub network that is funded by The National Lottery and brings sports clubs and community organisations together to improve the contribution sport and physical activity has within communities across Scotland.

## Successes & Challenges

Urgent need to recruit and train volunteers to increase capacity to deliver projects and allow team to seek out new opportunities

– major focus for 2024 -



# Project Activator (Cycling) - Laura Benson

2 year P/T role, funded by Scottish Cycling's Community Cycling Fund

Develop community cycling with a key focus on targeted activation within Aberdeen



- Link underrepresented groups with cycling opportunities.
- Partnership working, linking & working with existing cycling organisations & community development workers.
- Focusing on SIMD areas - Northfield & St Machar.
- Link cycling with community sport hubs where possible.
- Working towards a Sport Aberdeen Cycling & Active Travel Hub in Seaton.

# 2023 Mini Riders

## Summer Pilot Project – Ukrainian children, Dyce



- 12 children (aged 4-8 years)
- Partnership delivery – volunteers
- Improved cycle confidence and skills over 3 weeks
- 1 child taught to pedal
- Parent follow up - adult cycle confidence session
- Feedback to Scottish Cycling influencing draft syllabus



# 2024 - Rock Up & Ride Communities, Seaton

*An accessible pathway to recreational cycling.*

*Targeting women, underrepresented groups, & people living in SIMD areas.*



Short led cycle rides - Seaton/beach area

12 adult project bikes

Partnership working:

- Sustrans | Bike Communities
- ACC Community Learning & Development
- Aberdeen Health & Social Care Partnership

New Scots - Community Sport's Virtual Hub

Volunteer opportunities

More groups to be targeted into 2024

# Community Cycling Impact /Aims



- 57 participants so far
- 6 children taught to ride
- Increases confidence on (& off) bikes
- Increases willingness to get active & cycle
- Good for mental wellbeing
- Providing New Scots with access to bikes, the ability to get active, see more of the city, & learn to cycle safely



- Create pathways to recreational or active travel cycling - working with adults & children to increase levels of cycling, facilitating individual & family cycling
- Link with existing cycling, bike maintenance, & community partner organisations - providing opportunities for bike ownership and cycle skill development

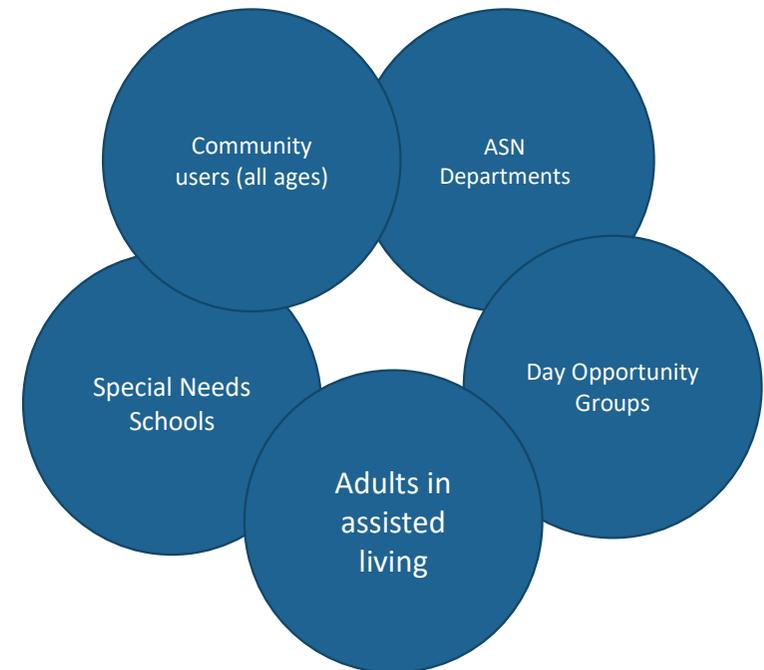


# Project Activator (Grampian Inclusive Cycling Bothies)

Fiona Smith

# Grampian Inclusive Cycling Bothies

- Grampian Inclusive Cycling Bothies Project – p/t post funded by the National Lottery Community Fund and hosted by Sport Aberdeen on behalf of Grampian Disability Sport
- Goal – to set up and support adapted cycling bothies across Grampian to improve access to adapted cycling. Each bothy will have a selection of bikes and trained volunteers to support users.
- Post commenced 23<sup>rd</sup> August 2022.



# Bothy Development



## **Aberdeen Bothy (Opening May/June 2024)**

Main hub in Grampian (Aulton pavilion)

Opportunity for riders to explore Beach as well as cycle in area at the pavilion

Adapted bikes ordered (12 week delivery), due mid/end May

One volunteer having PVG processed, further recruitment ongoing.

## **Peterhead & Alford Bothies**

Regular sessions running in both Peterhead and Alford

Supported by 7 PVGd volunteers and a further 5 potential volunteers

Regular attendance from individuals in the community and a number of day support centres, all ages attending

Being approached by a number of groups to set up support sessions including Grampian Spinal Injury Support group session (Alford).

## **Grampian Adapted Race Day**

Event being planned with Scottish Cycling and Scottish Disability Sport for Sunday 16<sup>th</sup> June at the GTM track in Alford

Support from British Cycling Limitless program to run the first adapted race day in Scotland

## **Off-road Bothy**

Funding received from Aberdeenshire Club Sport to run 2 x led Offroad rides using bikes and services of Able-2-Adventure/Access Mhor Cairngorms based at Badaguish – 1<sup>st</sup> ride Monday 6<sup>th</sup> May in Ballater

Potential support to set up an off-road bothy to allow more adventurous participation.

Discussions ongoing with the organisers of Thrive (Ballater MTB festival) to form partnership to allow participation in off-road adapted cycling.



Cornerstone - North Aberdeen & Shire

14 September at 16:43 · 🌐

The people we support at #TeamCraigewan have been really enjoying a weekly cycle at the Peterhead race track in conjunction with Community Sports Aberdeen 🚲👏💙



Supporting LLA with their Summer of Play program (July/August 2023)



Live Life Outdoors Aberdeenshire

24 July 2023 · 🌐

# Bothy Impact

- Over 180 individuals, so far, able to participate in an adapted cycling session
- Helping physical and mental well being
- Introducing many participants to cycling for the first time
- Social impact (regular sessions allow a meeting place)
- Allowing participants the opportunity to try a variety of adapted bikes (4 individuals have gone on to get funding to purchase their own bike)



# Club Sport Aberdeen



Affiliation Year (1 <sup>st</sup> Jan)	Total Members	Sports Represented	Level 2	Level 1	Reach
2021	65	24	56	8	21,686
2022	87	33	71	14	18,740
2023	81	33	69	12	20,051
2024 (as of 23rd April)	78	29	69	9	19,977

Benefits - Sport Aberdeen	Benefits - Member Clubs
Quality control of clubs working directly with Active Schools / Schools (Level 2)	Discount on block bookings at ACC / SA facilities
Direct links to sports clubs	Discount on Community Sport training courses (First Aid / Child Protection)



[www.clubsportaberdeen.org](http://www.clubsportaberdeen.org)

Supported by Community Sport Team



## Community Sport – Summary & Objectives 24:

### Progress 2023/24:

- 6 Community Sports Hubs activated with potential for 2 more in 2024 (Torry & St Machar)
- 8 Projects delivered with specific ED&I remit
- Over 500 distinct participants engaged through programmes in 2023
- Positive local and national recognition of project development including New Scots, Boccia and Inclusive Cycling programmes
- Over £29k of additional project funding sourced from Health Improvement Fund, NHS Grampian & National Lottery
- £216k secured from UKSPF fund for redevelopment of Northfield OSC

### Selected Objectives for 24/25:

- Fully establish Inclusive Cycle Bothy based at Aulton Pavilion
- Develop Community Sports Hubs to be more sustainable and focus on volunteer recruitment
- Deliver successful Tennis opening events at Ruthrieston & Northfield ahead of development programmes being established